

Mechanisms of soil health restoration in regenerative agriculture

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Our Framework

The properties of the parts can be understood only from the organization and constant development of the whole

Our Goal is to find the best grazing management for regenerating:

- Soil health and ecological function
- Delivery of ecosystem goods and services
- Farmer livelihoods and social resilience.

Teague et al. 2013; Savory and Butterfield 2016; Massy 2018





Observations:

The USDA-NRCS soil mapping database identified the ranches with the highest SOC

Without exception, the highest SOC was with regenerative Adaptive Multi-paddock (AMP) grazing

Outstanding managers achieve much better resource and economic outcomes than research scientists

Partnering with these managers can help others improve management outcomes

Most current science

Rarely considers, let alone studies, unintended consequences to using different actions and practices

Aims at:

- How to achieve maximum yields
- Use biocides to kill problem pests
- Maximizing short-term profits selling “solutions”

What is needed is improving understanding of biological and ecological function at meaningful scales

These include wider species interactions, self-organizing properties and epigenetic developments that are constantly changing in nature

Van der Ploeg et al 2006; Savory and Butterfield 2016; Massy 2018



Working with leading farmers

- Addresses questions at more meaningful scales
- Integrates component science into whole-system interactions and responses
- Identifies emergent and self-organizing ecological properties
- Includes the human element essential for achieving economic and environmental goals
- Incorporates adaptive management to achieve goals
- Facilitates identifying unintended consequences

Van der Ploeg et al 2006; Teague et al. 2016; Massy 2018



Outline

- Why we have achieved different research results
- Soil biology in fully functional grazing ecosystems
- Research results
- Managing to improve soil health for full ecological and economic benefits
- Facilitating transitioning to regenerative grazing

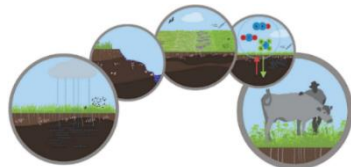
Norton et al. 2013; Jakoby et al. 2014; Teague et al. 2013; 2015



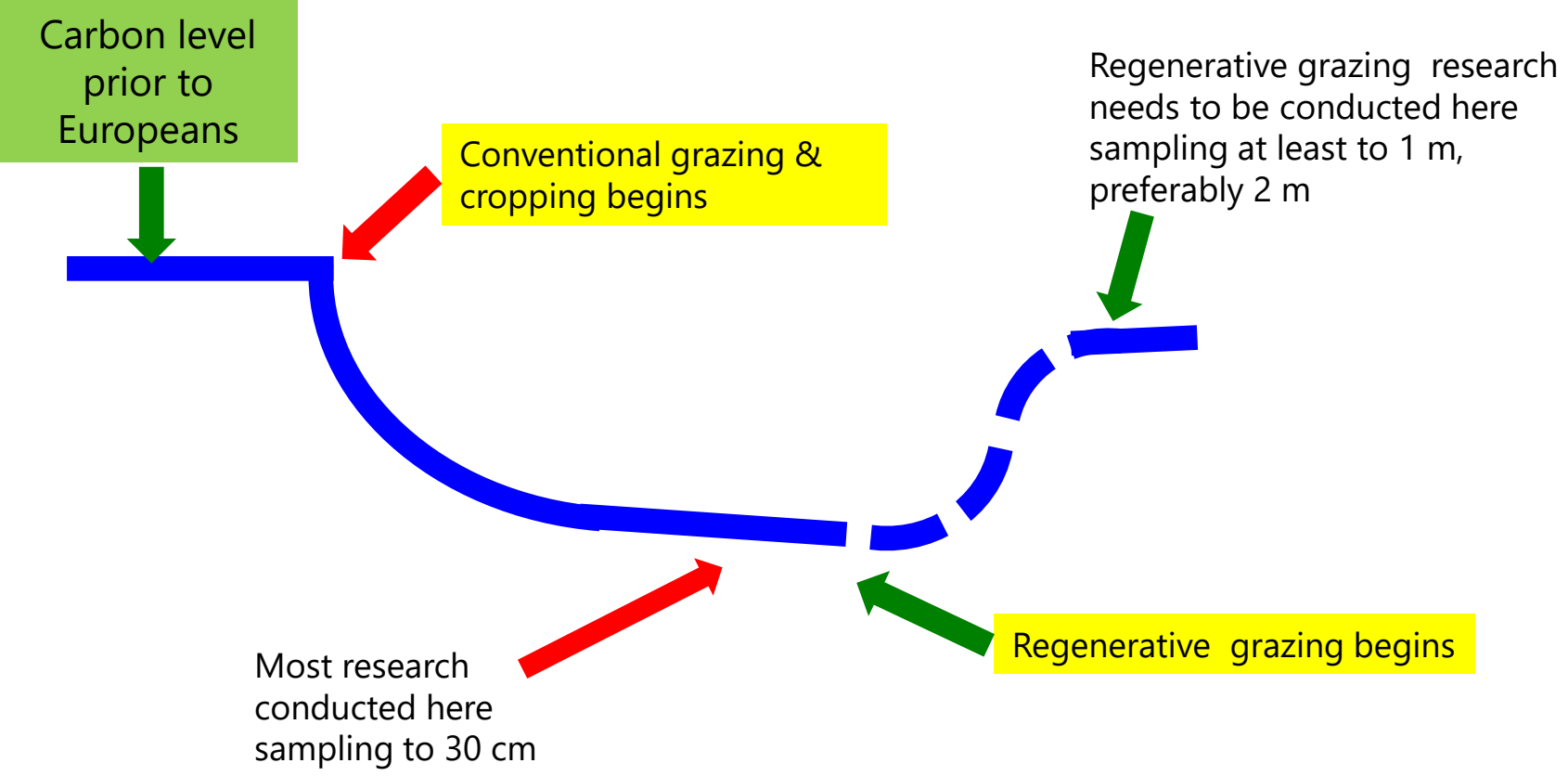
Our Research Hypothesis:

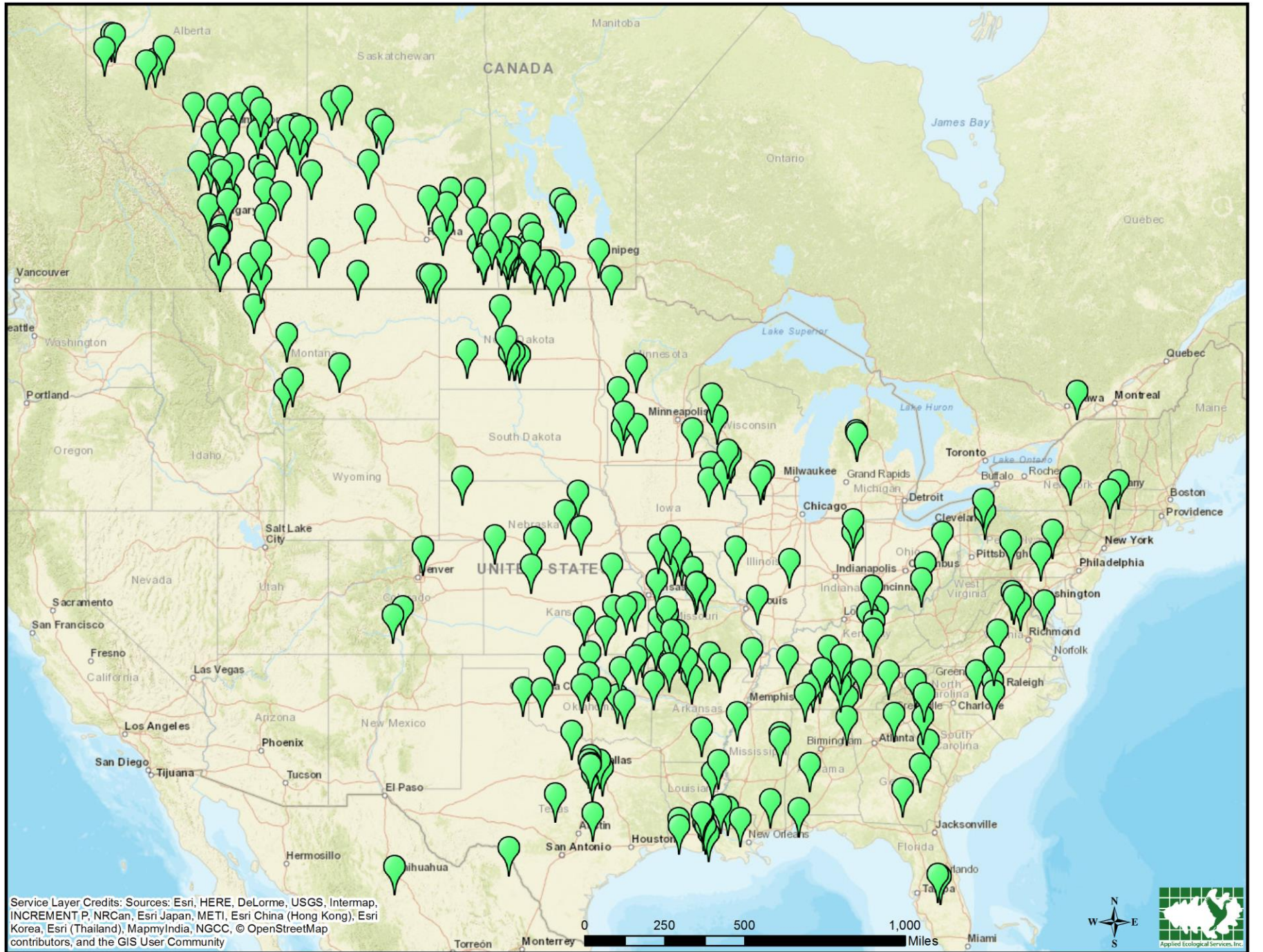
Ecosystem health is increased as soil Carbon increases, *resulting in:*

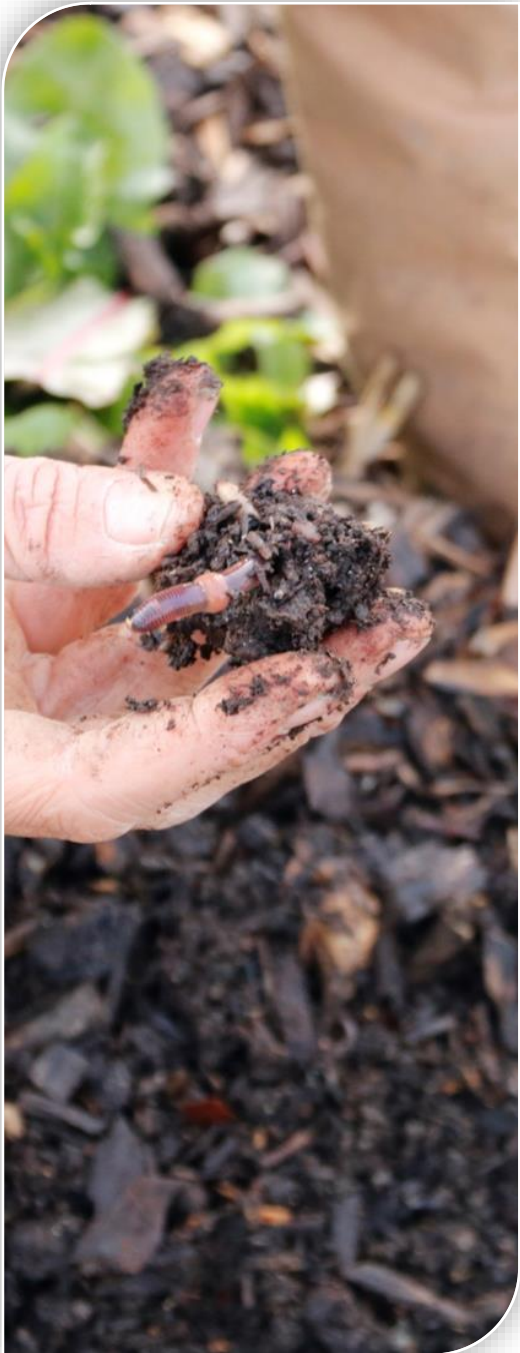
- Improves water infiltration and retention;
- Improves soil nutrient status, access and retention;
- Increases diversity of fungi, microbes, plants, insects;
- Improves wildlife diversity, nutrition and habitat;
- Reduces soil erosion and **net** GHG emissions;
- Improves livestock well-being and output; and
- Improves farmer **net** profits, resilience and well-being.



Soil Carbon changes with human management



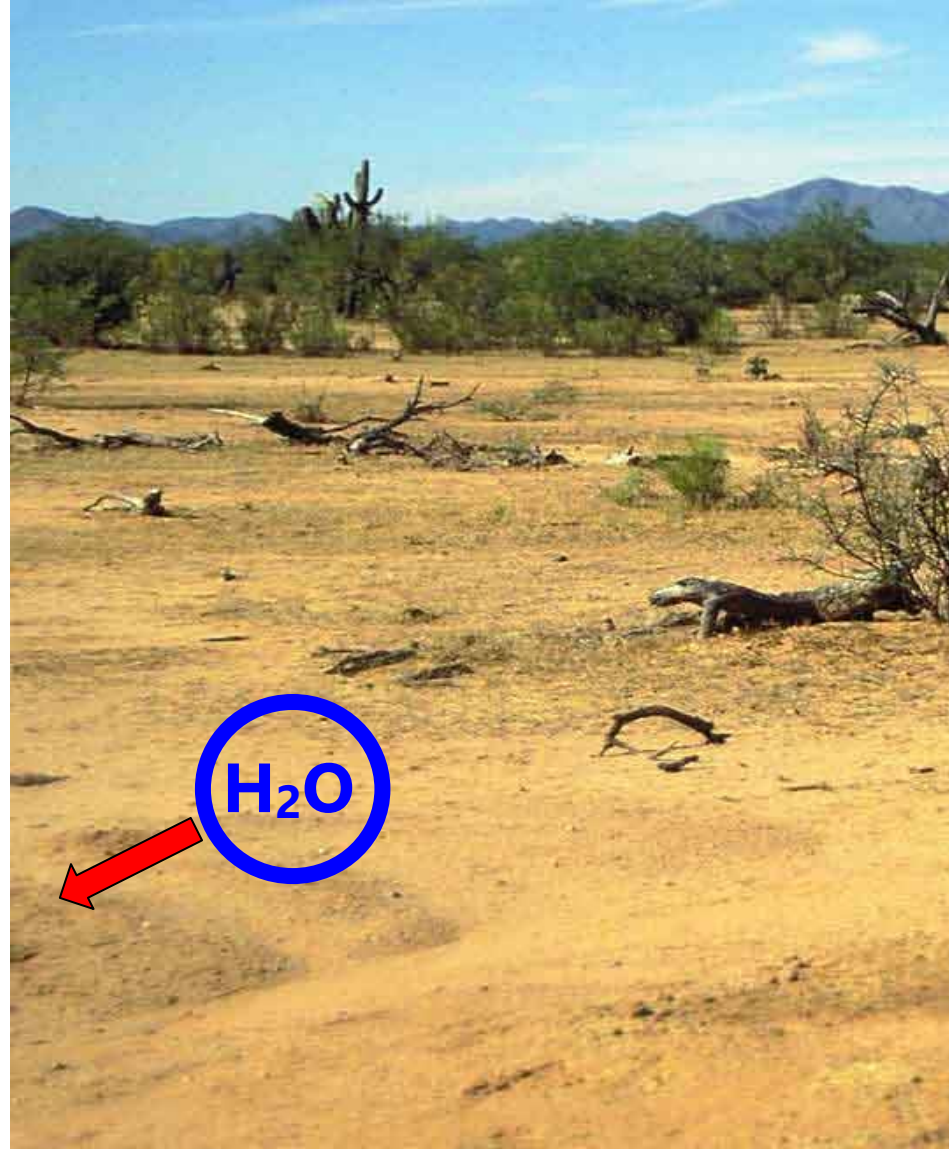




Soil biology in fully functional grazing ecosystems

Biggest limiting factor in grazing land

Water in the Soil



The Four Ecosystem Processes

1. Energy flow
2. Hydrological function
3. Mineral cycle
4. Community dynamics
5. Human component

Terrestrial Ecology 101; Savory and Butterfield 2016; Massy 2018





**90% of Soil
function is
mediated by
microbes**

**Microbes
depend on
plants**

**So how we
manage plants is
critical**



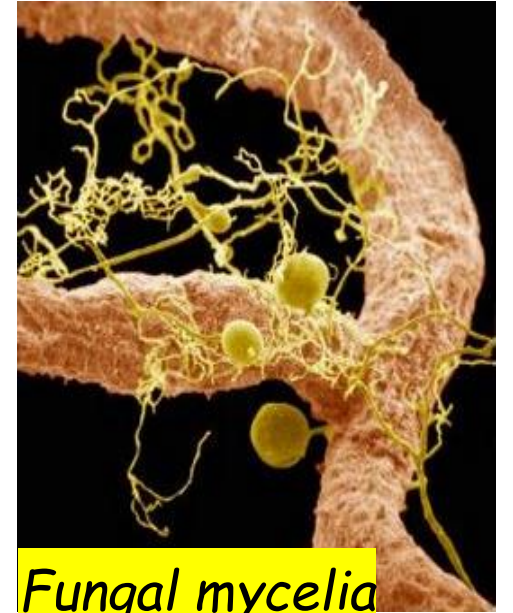
Ingham 2000; Jones 2016; Lehman et al. 2016

Importance of Microbes and Fungi

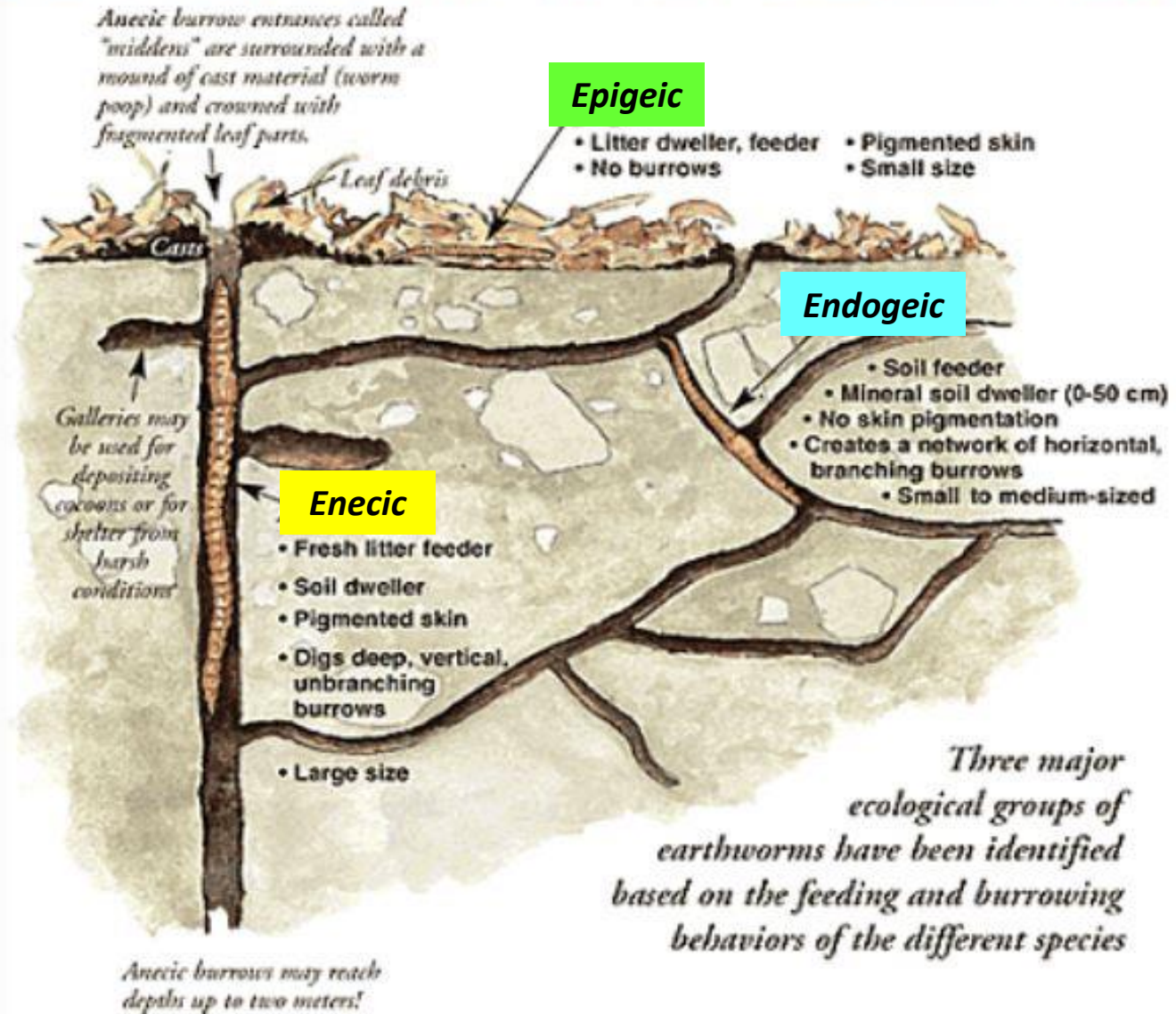
- Improve soil aggregation/structure
- Improve nutrient access for plants
- Extend root volume and depth
- Produce exudates to enhance soil C
- Enhance nutrient cycling
- Increase water and nutrient retention
- Plant growth highest with high fungi
- Fend off pests and pathogens

We must manage to enhance them

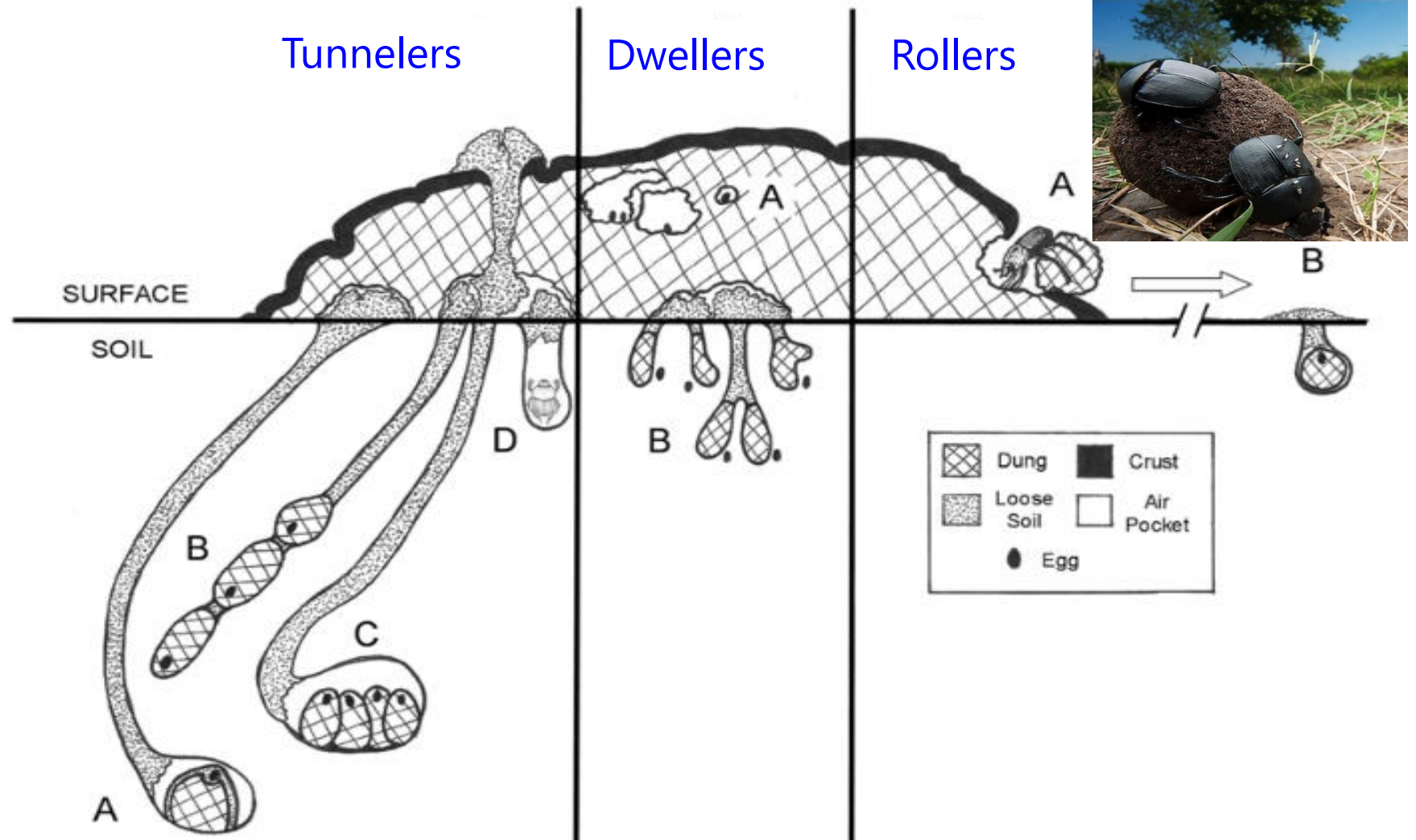
Ingham et al. 1985; Jones 2016; Lehman et al. 2016; Montgomery 2017



Earthworms in the ecosystem



Dung beetles in the Ecosystem



- 200 cows drop 25 tons of dung a week
- Increase infiltration ~ 130%

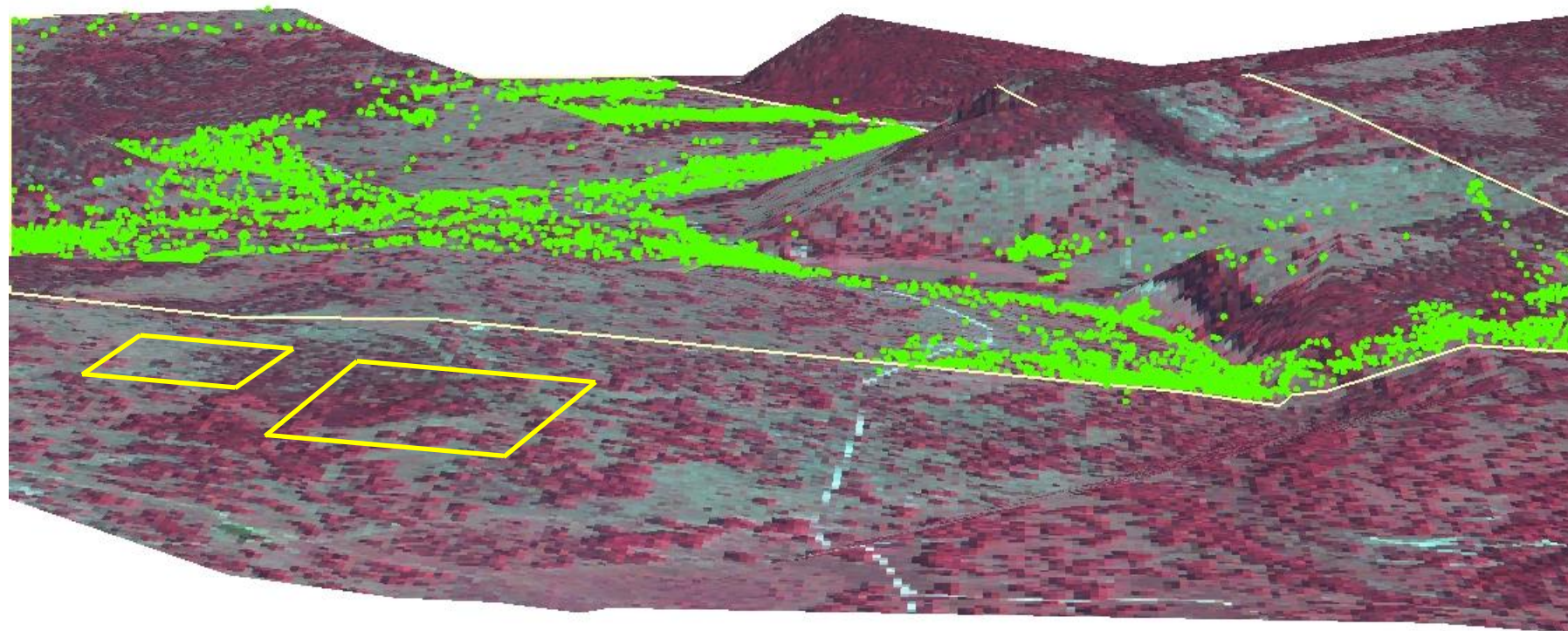
Herrick and Lal 1995;
Richardson *et al.* 2000



Research Results

Landscape impact of continuous grazing

1. 39% area used
2. 41% GPS points on 9% area
3. SR: 21 ac/cow
4. Effective SR: 9 ac/cow



Norton 1998; Norton et al. 2013; Jakoby et al. 2014



Light continuous grazing

- patch selection
- no recovery

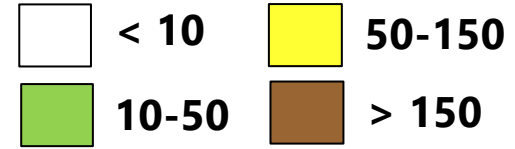


Heavy continuous grazing

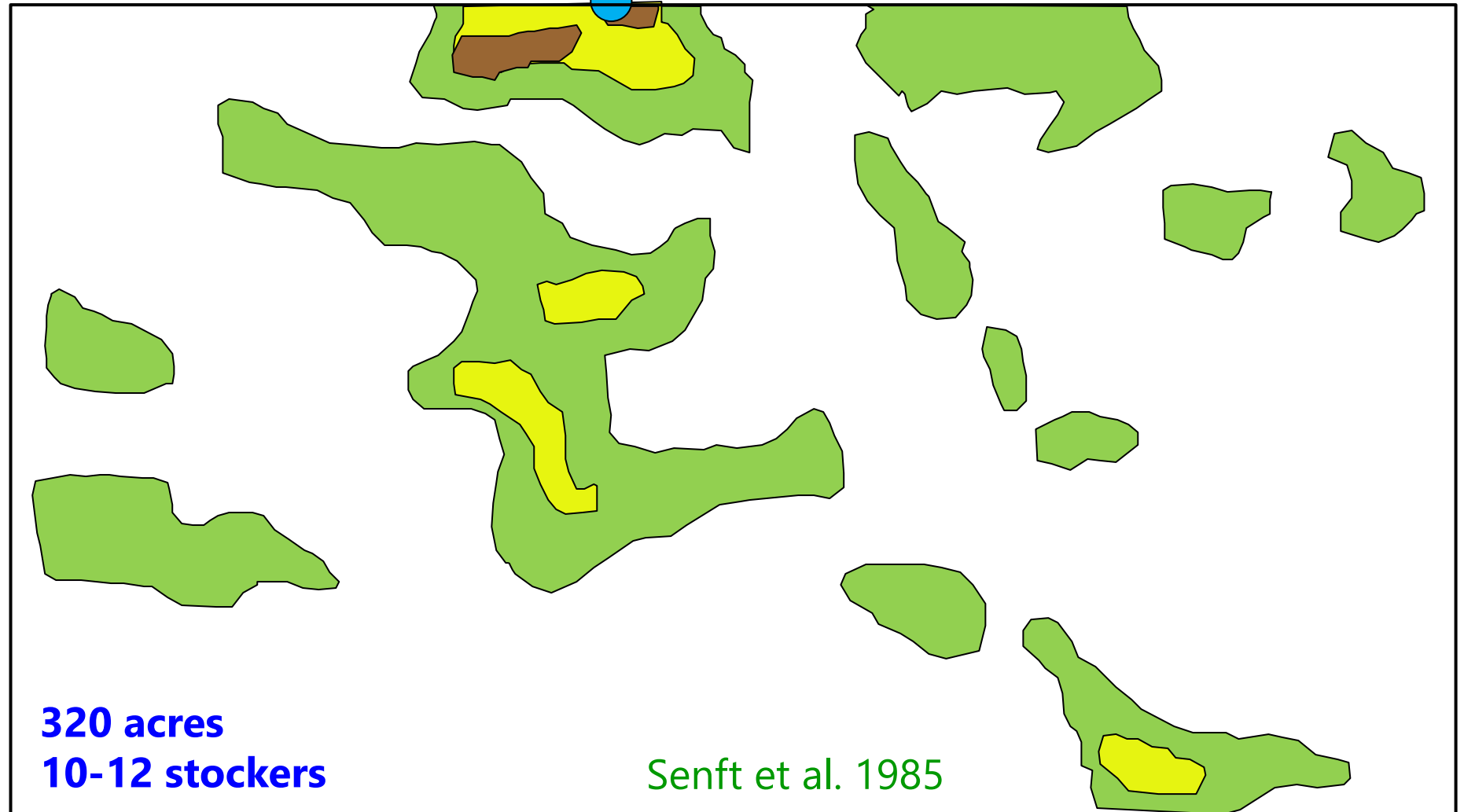


Grazing Pattern November to March

Days present



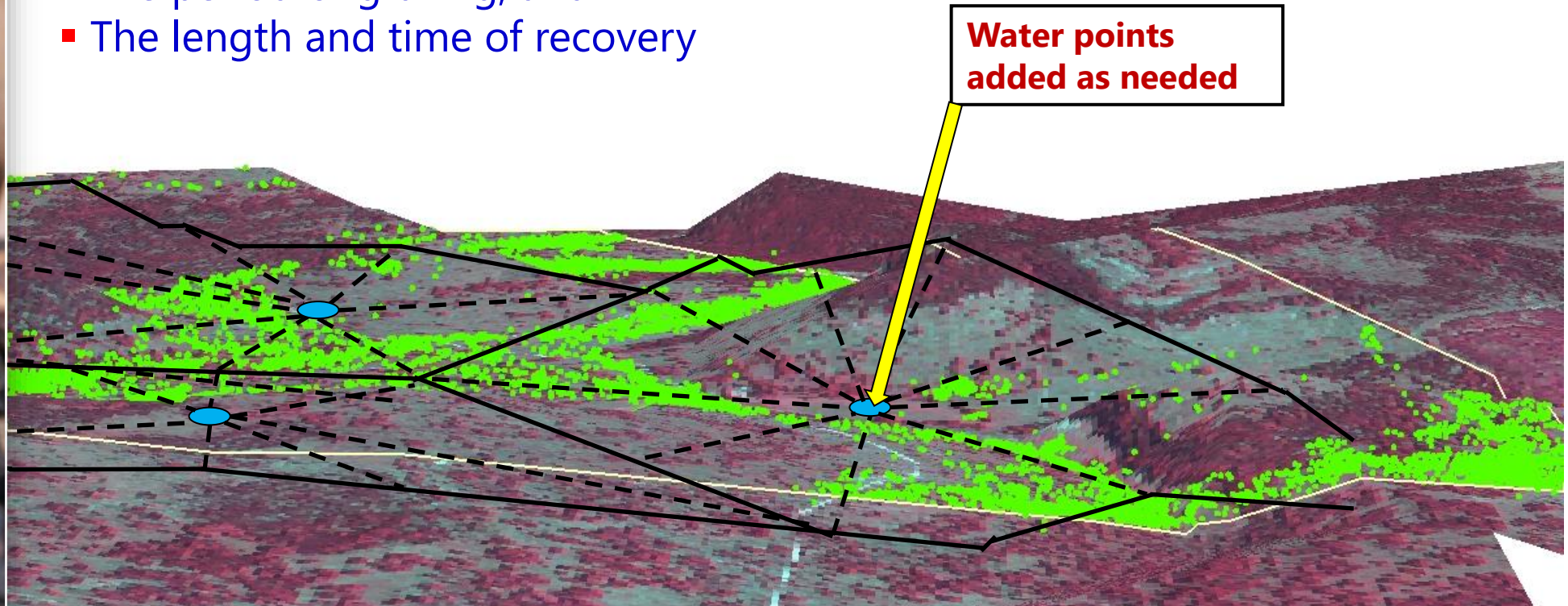
Water point



Adaptive Multi-Paddock (AMP) grazing

Manager can control:

- How much is grazed
- The period of grazing, and
- The length and time of recovery



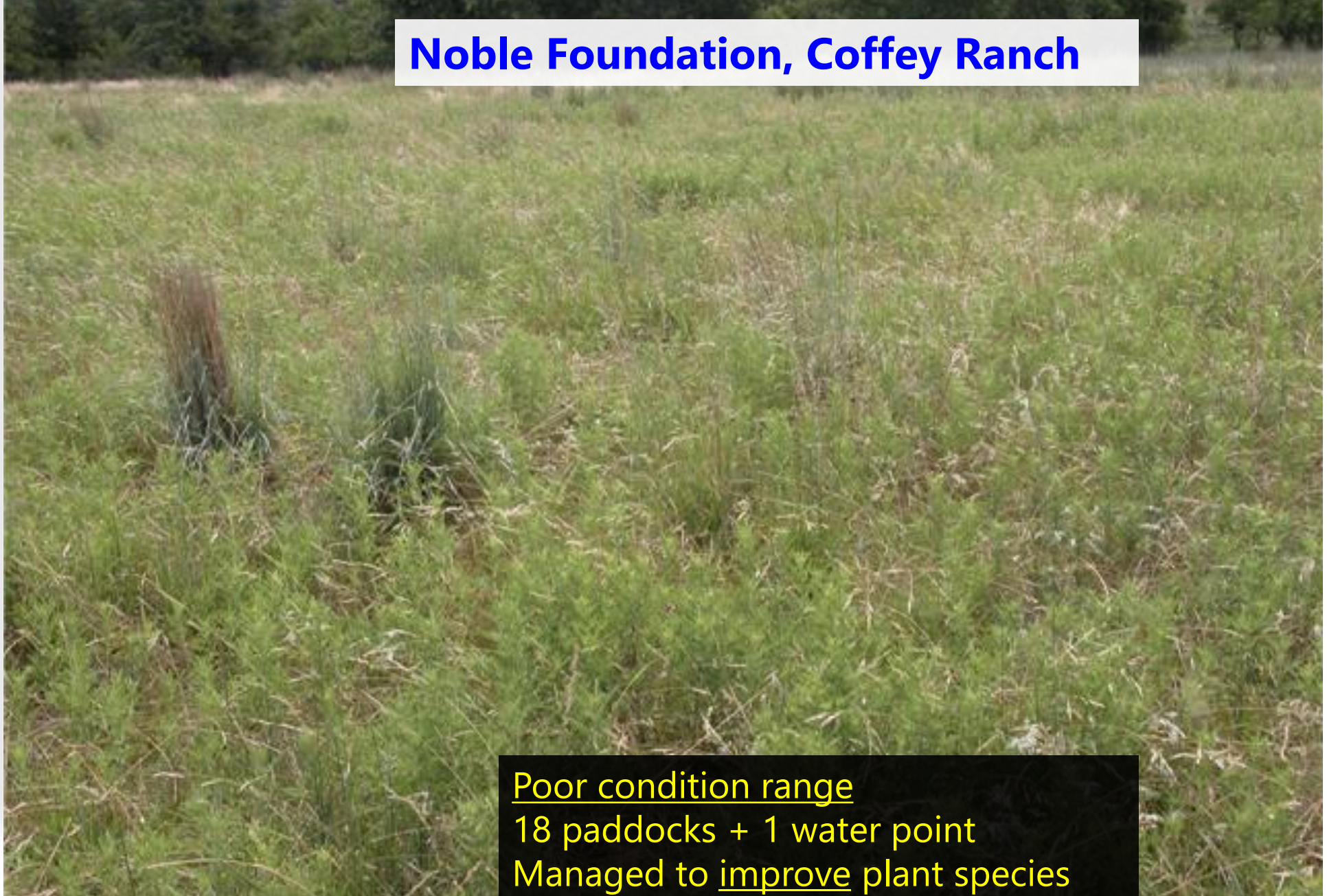
Animals:

- Graze more of the whole landscape, one paddock at a time
- Select a wider variety of plant species

Norton et al. 2013; Jakoby et al. 2014; Teague et al. 2015

Regenerative Grazing

Noble Foundation, Coffey Ranch

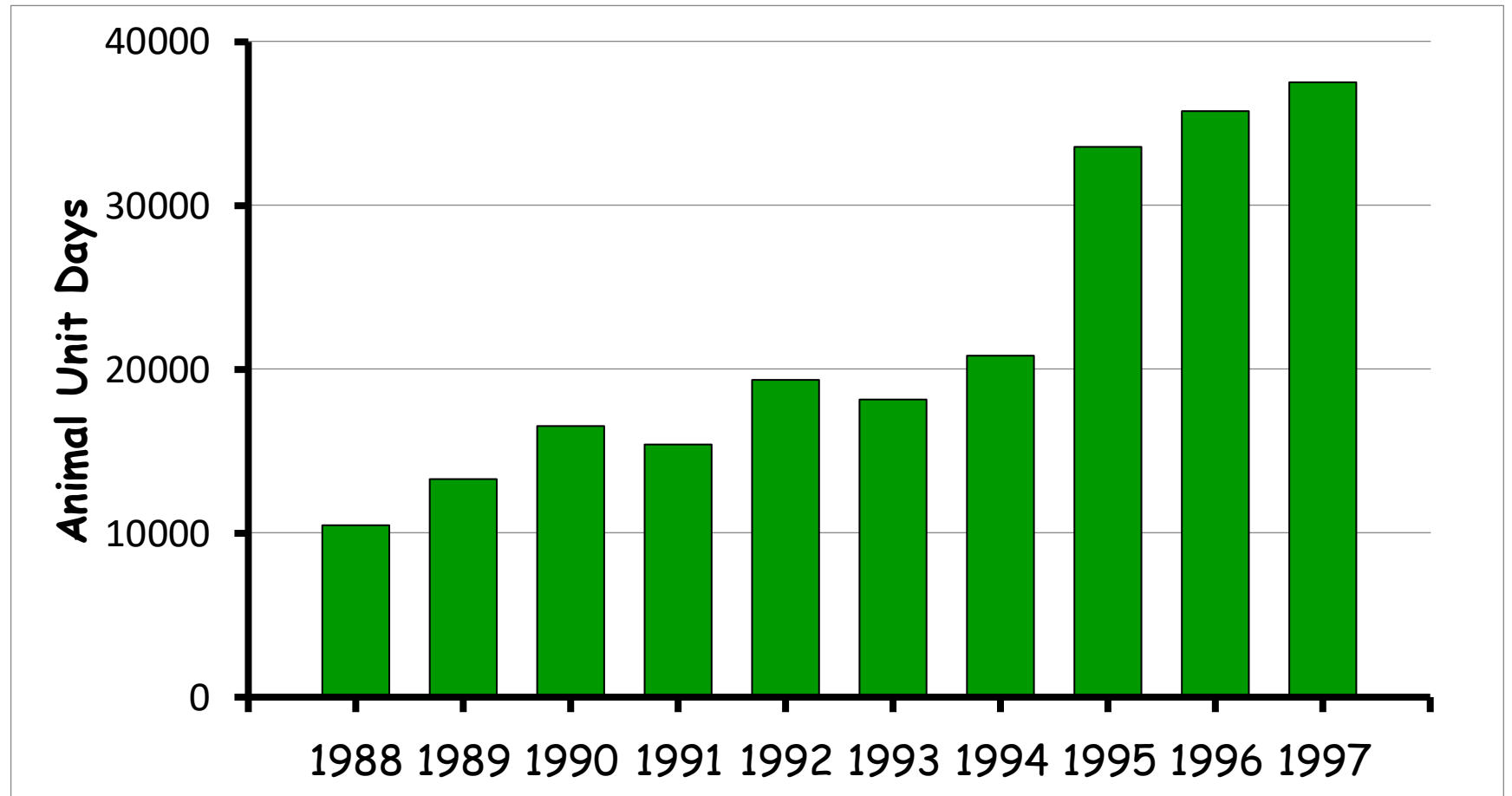


Poor condition range
18 paddocks + 1 water point
Managed to improve plant species

Regenerative Grazing

Noble Foundation, Coffey Ranch

Charles Griffith, Hugh Aljoe, Russell Stevens



Managing AMP Grazing for Best Results

- Aim to improve ecological function to increase profits
- Flexible stocking to match forage availability and animal numbers
- Spread grazing over whole ranch, by grazing one paddock at a time
- Defoliate moderately in growing season
- Use short grazing periods
- Adequate recovery before regrazing
- Adjust as forage growth rates change

Norton et al. 2013; Jakoby et al. 2014; Teague et al. 2013; 2015



Hypothesized Causal Mechanisms:

AMP Grazing

Light continuous grazing



**Energy Flow
Water Cycle
Mineral Cycle
Soil/Plant Diversity**

No-grazing

Continuous grazing

Savory and Butterfield 2016; Massy 2018



How grazing strategy impacts ecological processes

Ecological processes	AMP	Grazing management strategies		
		Moderate continuous	Heavy continuous	No grazing
Energy flow	Very high	Low	Low	Very low
Hydrology	High	Good	Poor	High
Mineral cycling	Very high	Low	Low	Very low
Community dynamics	Very high	Moderate	Poor	Very poor



Initial Texas Grazing Research

- AMP grazing gave 3 tC/ha/year **more** than usual heavy Continuous grazing
- Improved plant species composition
- Improved soil fungi to bacteria ratio
- Improved soil water holding capacity
- Enhanced plant productivity
- Decreased bare ground
- Improved soil fertility
- Increased livestock production

Teague et al. 2011



Published & Reconnaissance Sampling

AMP had higher C gain/year than continuous grazing neighbors



Apfelbaum et al. 2016

< 0.5 tC/ha/yr over 20 years

Apfelbaum et al. 2016

2.5 tC/ha/yr over 20 years

CO₂ Isotope Sampling
3.0 tC/Ha/yr

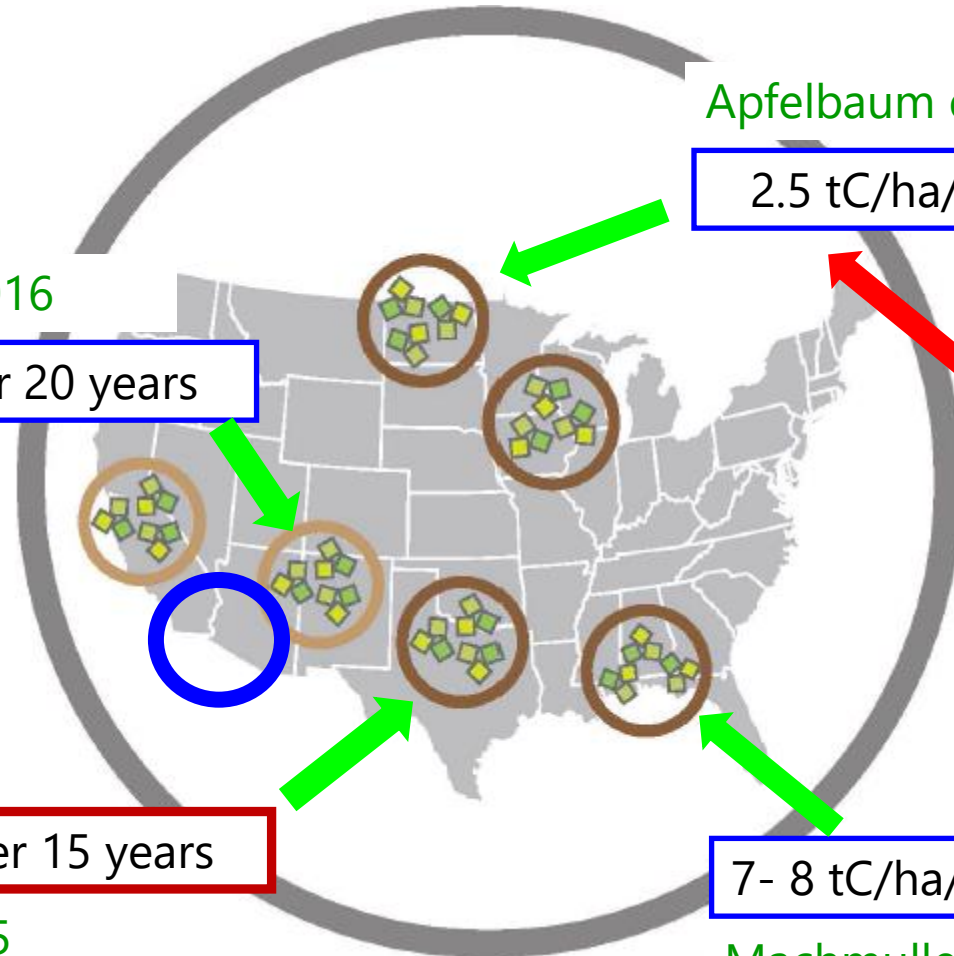


3 tC/ha/yr over 15 years

Wang et al. 2015

7- 8 tC/ha/yr over 5 years

Machmuller et al. 2015;
Williams et al. 2017





Soil Carbon



Infiltration



Vegetation sampling



GHG Sampling



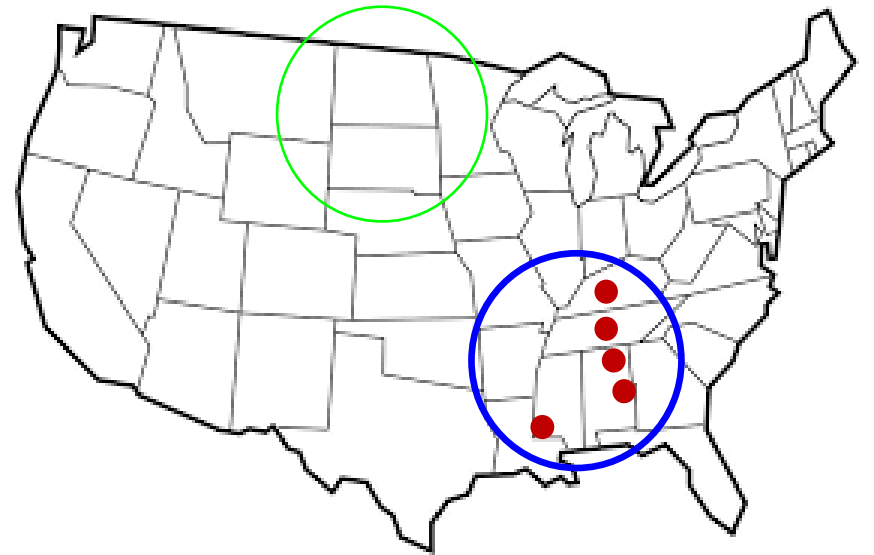
CO₂ fluxes



Microbiota DNA



CO₂ Isotope Fluxes



Soil and ecosystem biodiversity



Fungi



Bacteria



Earthworms

Does AMP grazing improve:

- function of soil biota;
- ecosystem biodiversity; and
- farmer livelihoods and well-being?



Dung beetles

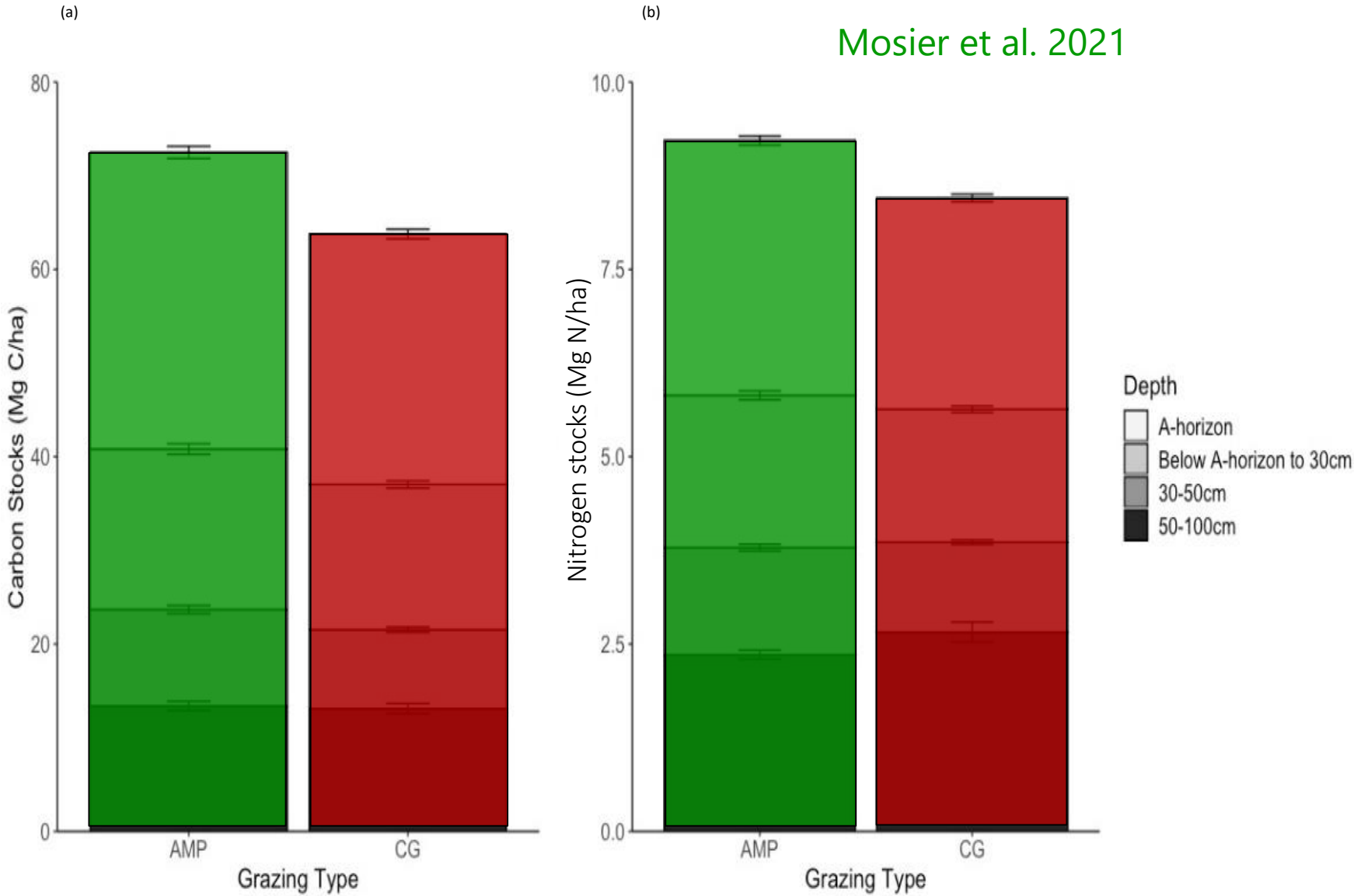
Ingham et al. 1985; Lehman et al. 2016; Lundgren, 2018



Total SOC and Soil N stocks to 1 meter



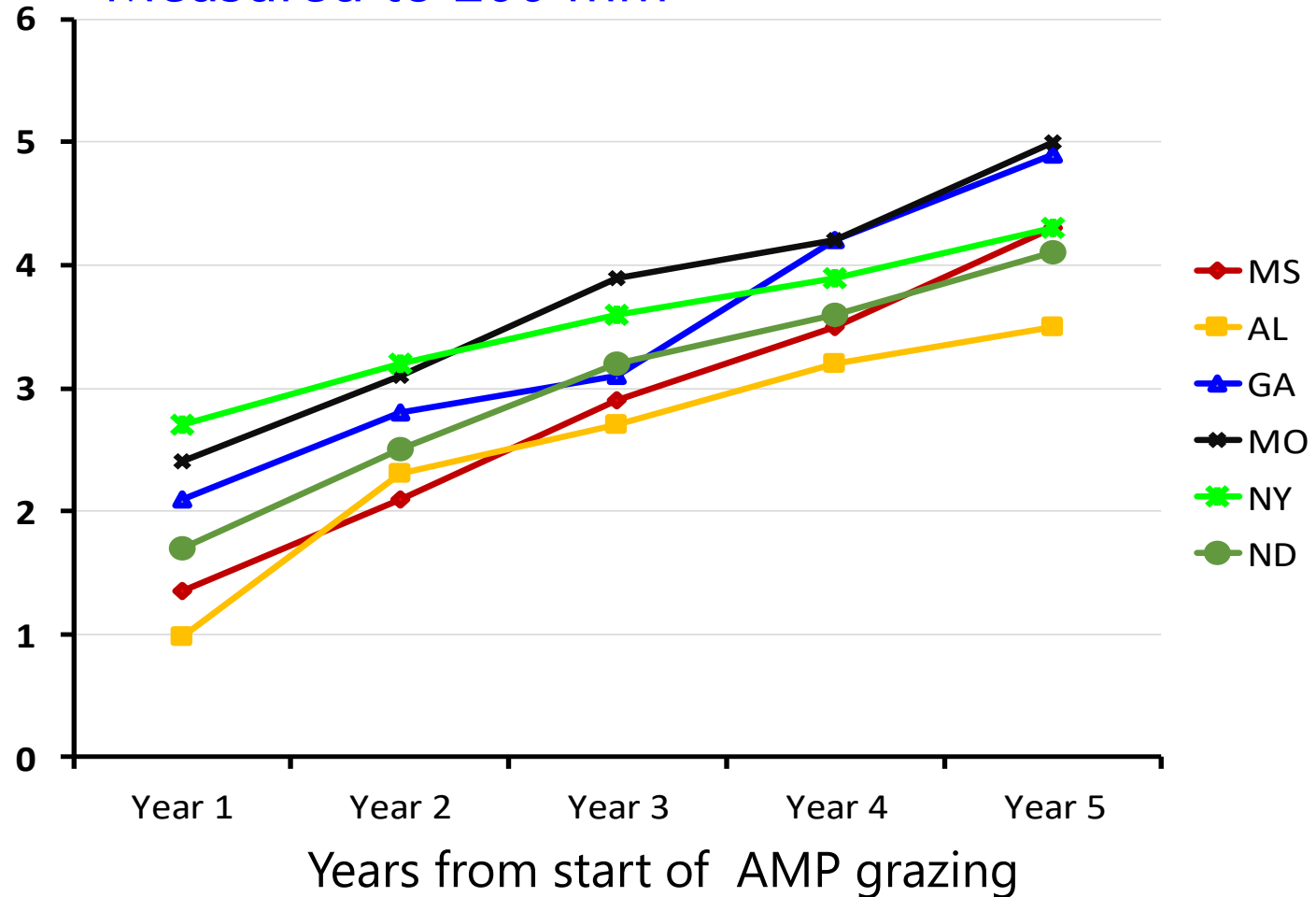
Mosier et al. 2021



AMP increased the more persistent MAOM fraction at all depths

Building Soil Carbon Using AMP Grazing

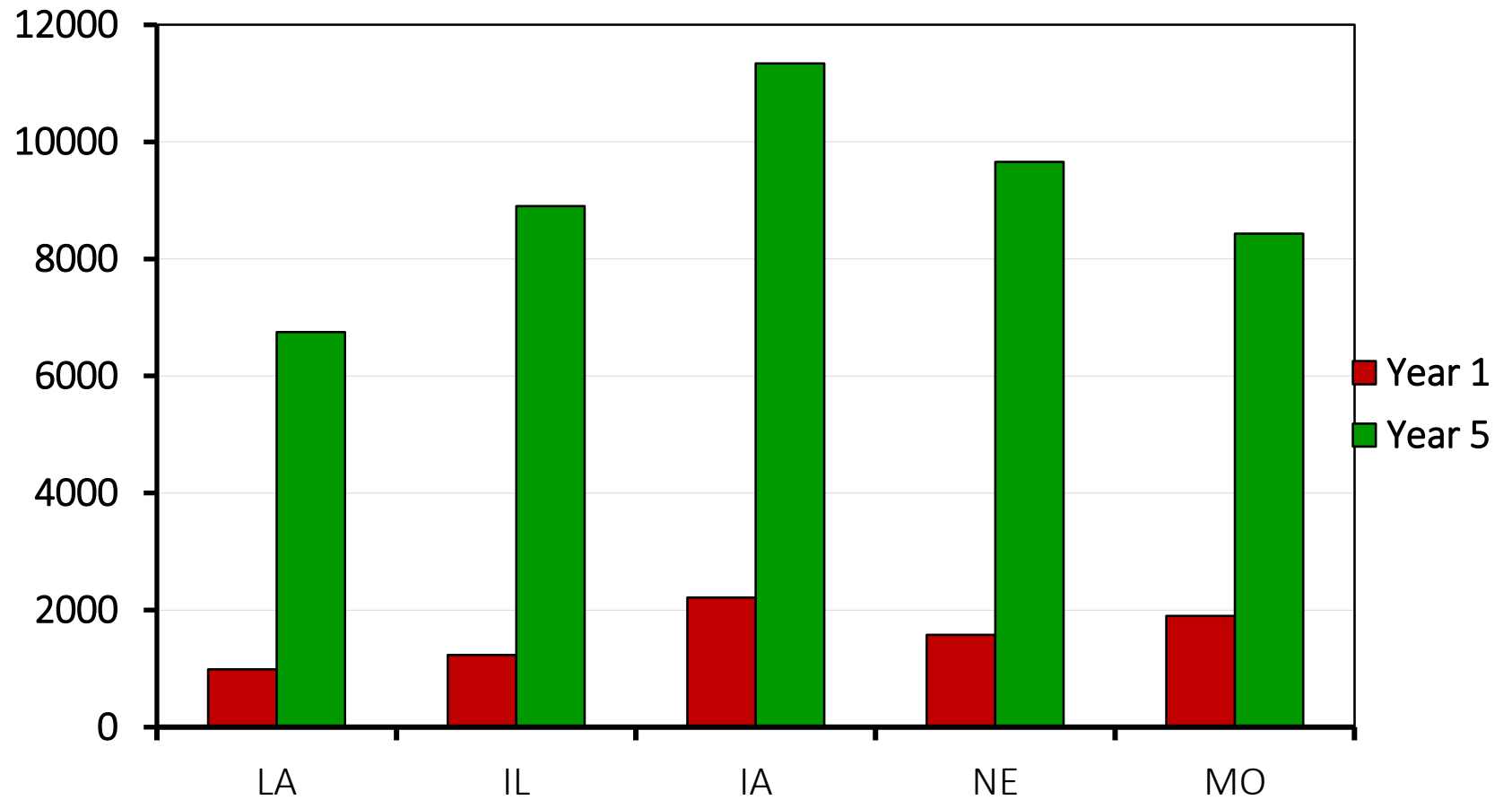
Measured to 200 mm



For 200 mm = mean **increase** of 8.6 tC ha⁻¹ year⁻¹



Building Microbial Biomass (ng/g of Soil)

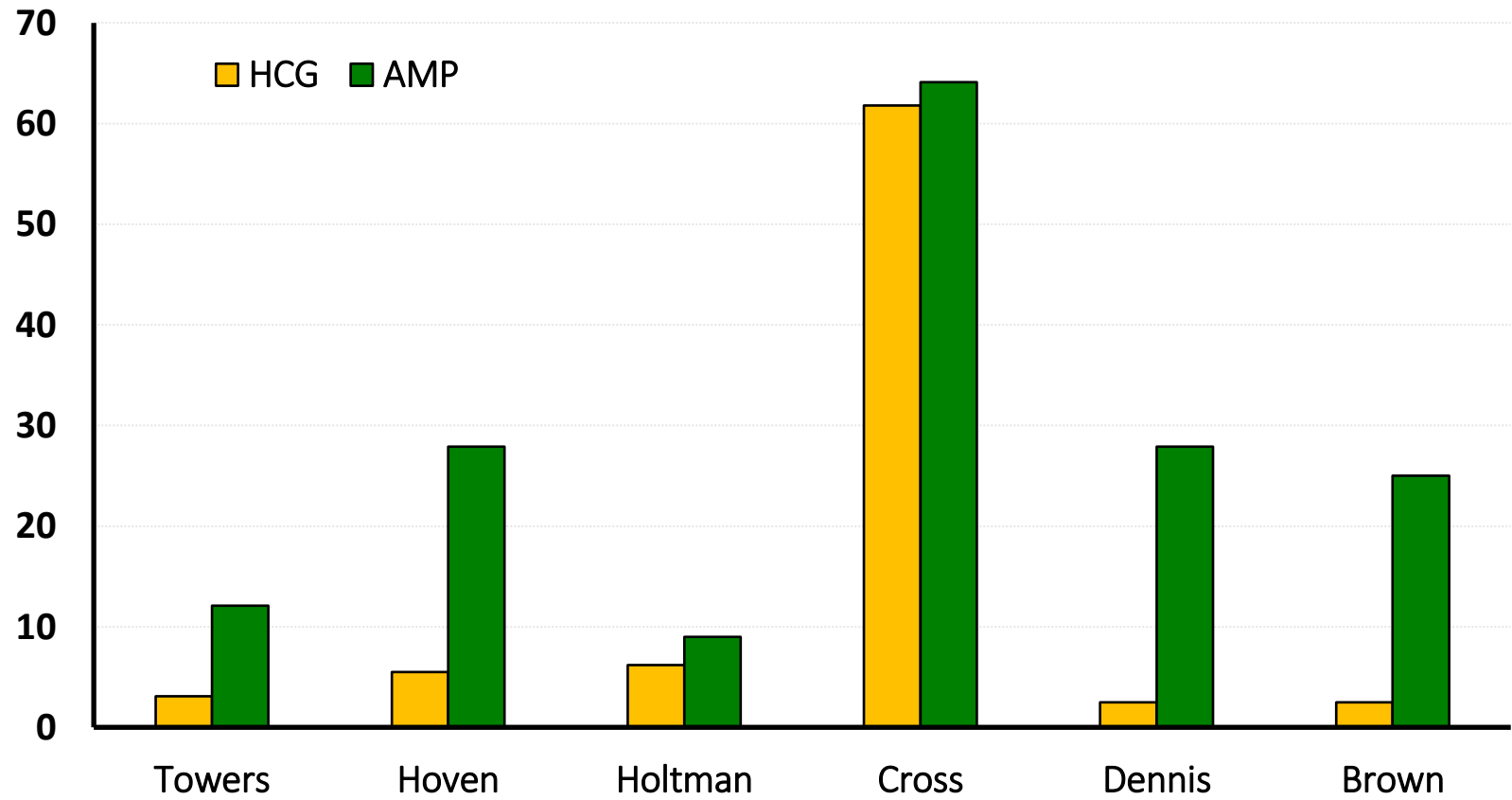


Williams et al. 2017





Infiltration on HCG vs. AMP grazing Northern Great Plains



Apfelbaum et al 2016

AMP Grazing on Converted Crop Fields

Georgia – 1,000 mm rainfall

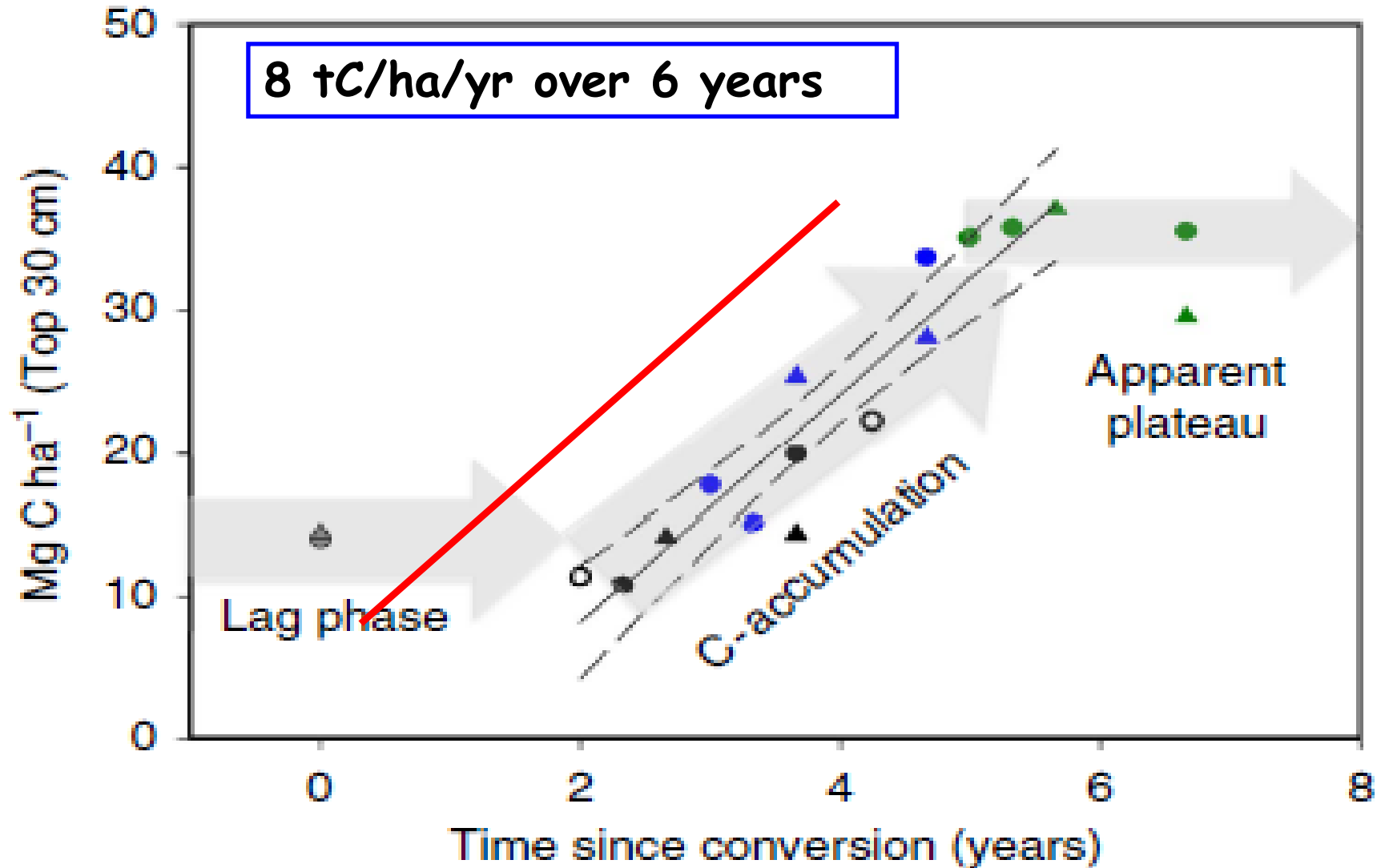


Machmuller et al. 2015



SOC Switching from Cropping to AMP

Measured to 30 cm



Clear Creek watershed, North Texas

1980-2013

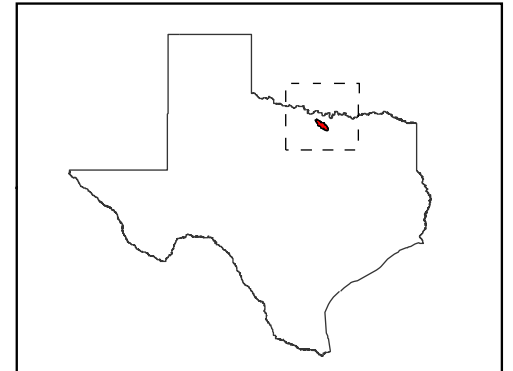
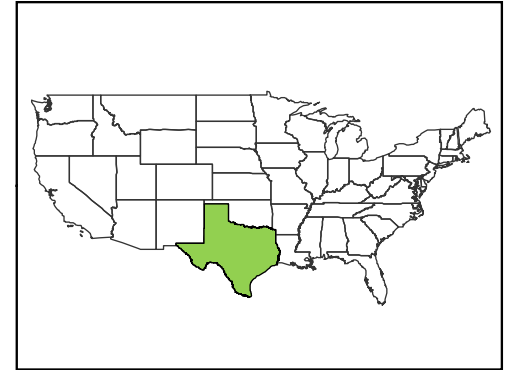
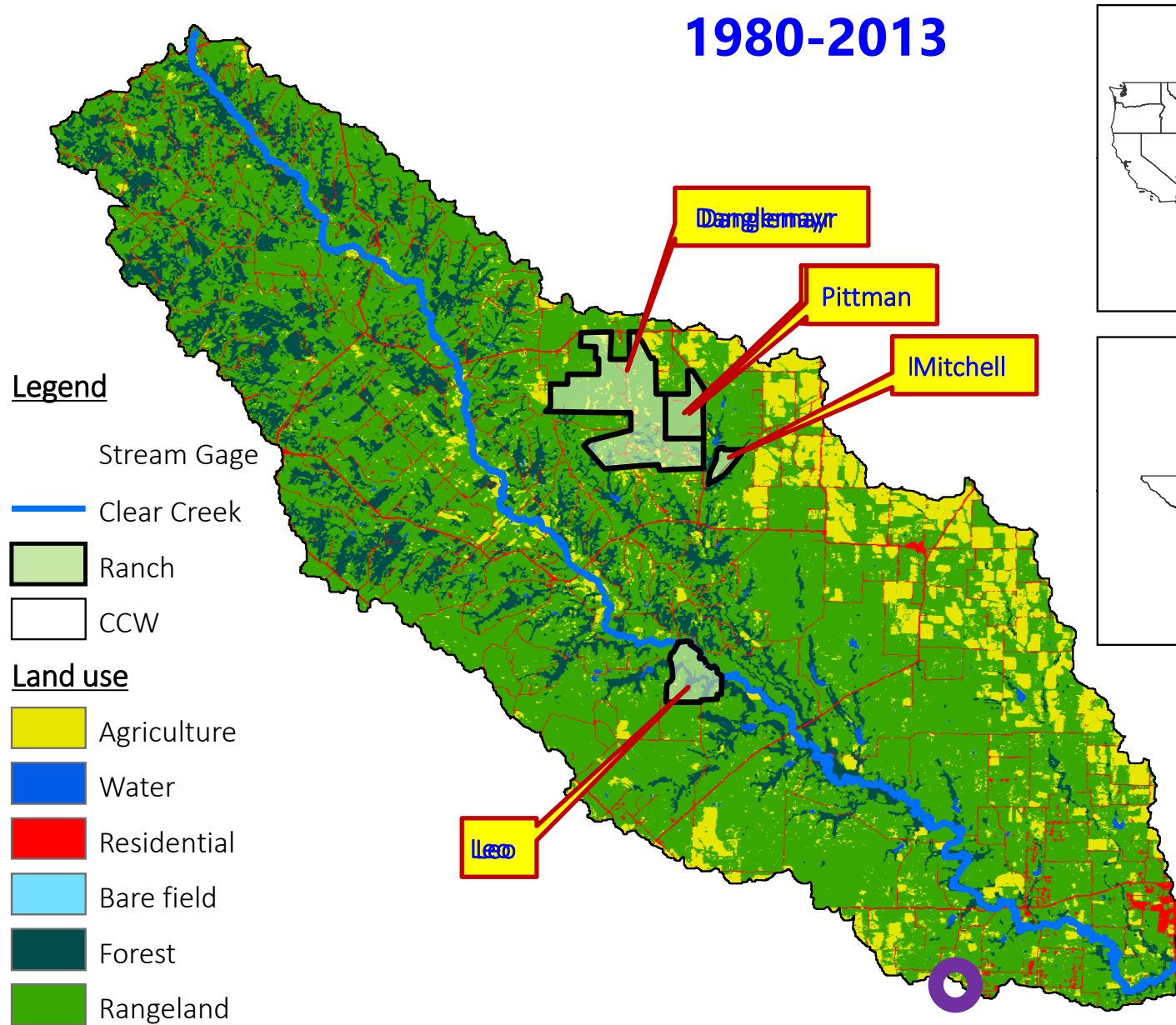


Legend

- Stream Gage
- Clear Creek
- Ranch
- CCW

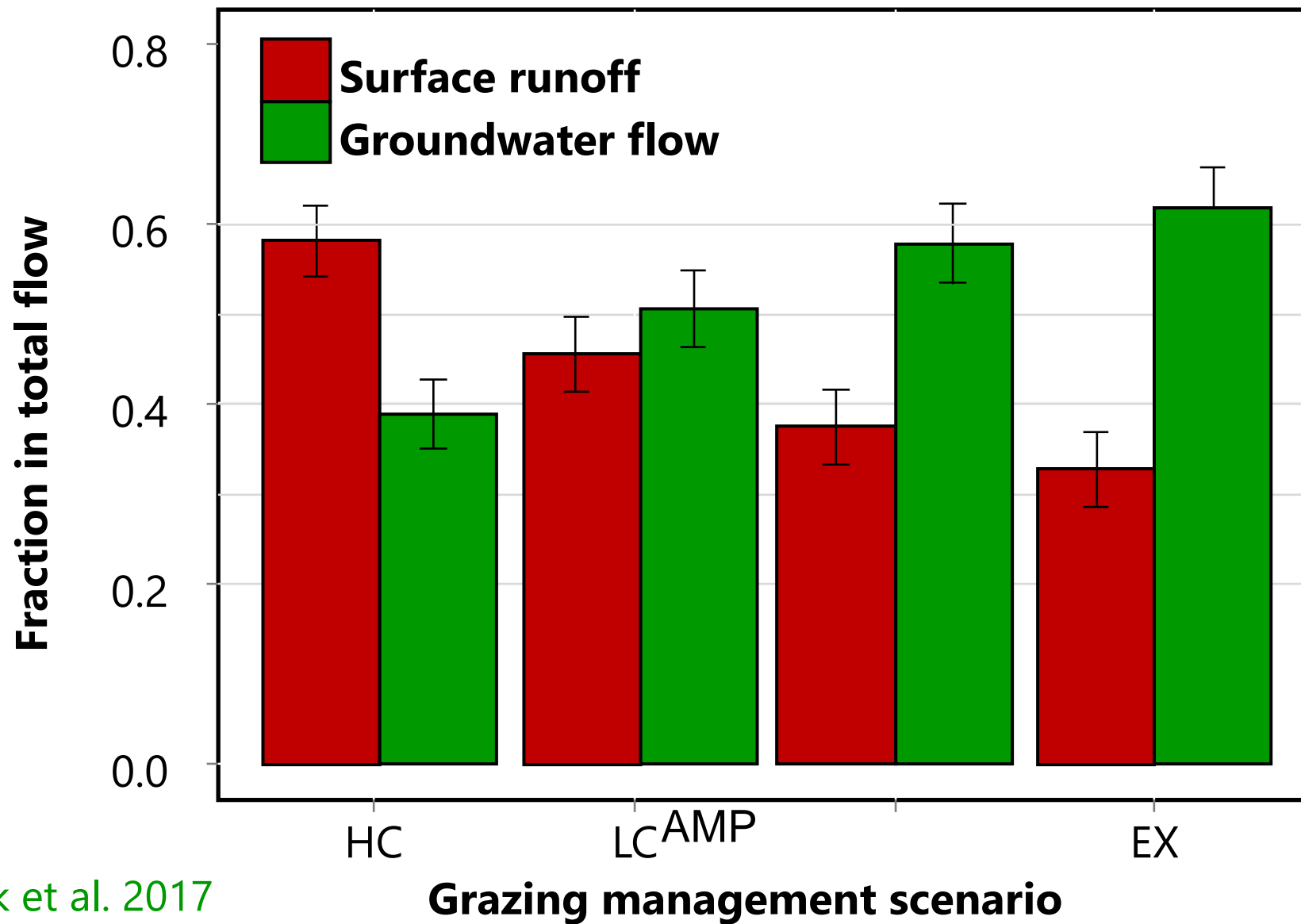
Land use

- Agriculture
- Water
- Residential
- Bare field
- Forest
- Rangeland



Park et al. 2017

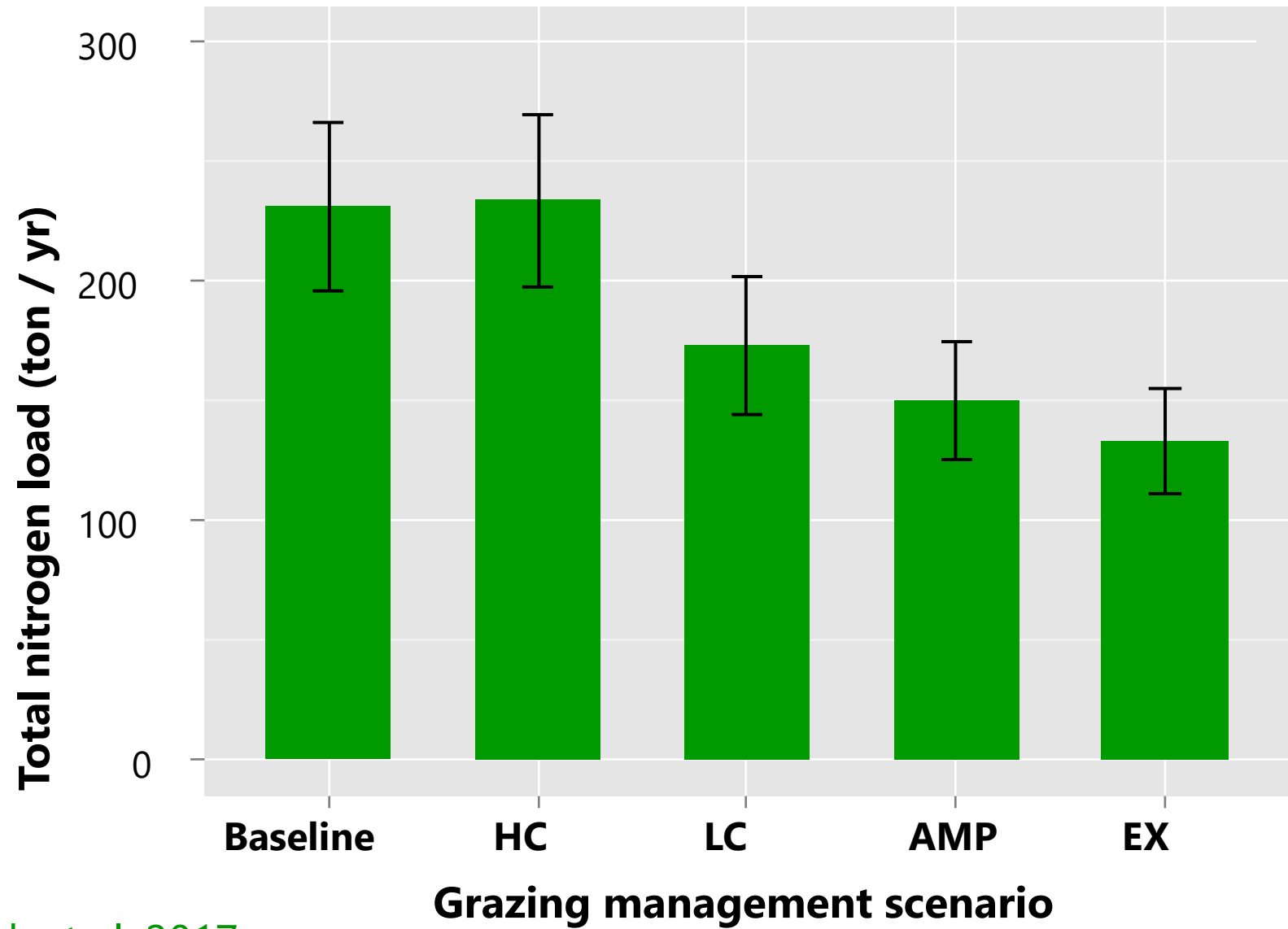
Clear Creek watershed, North Texas



Park et al. 2017



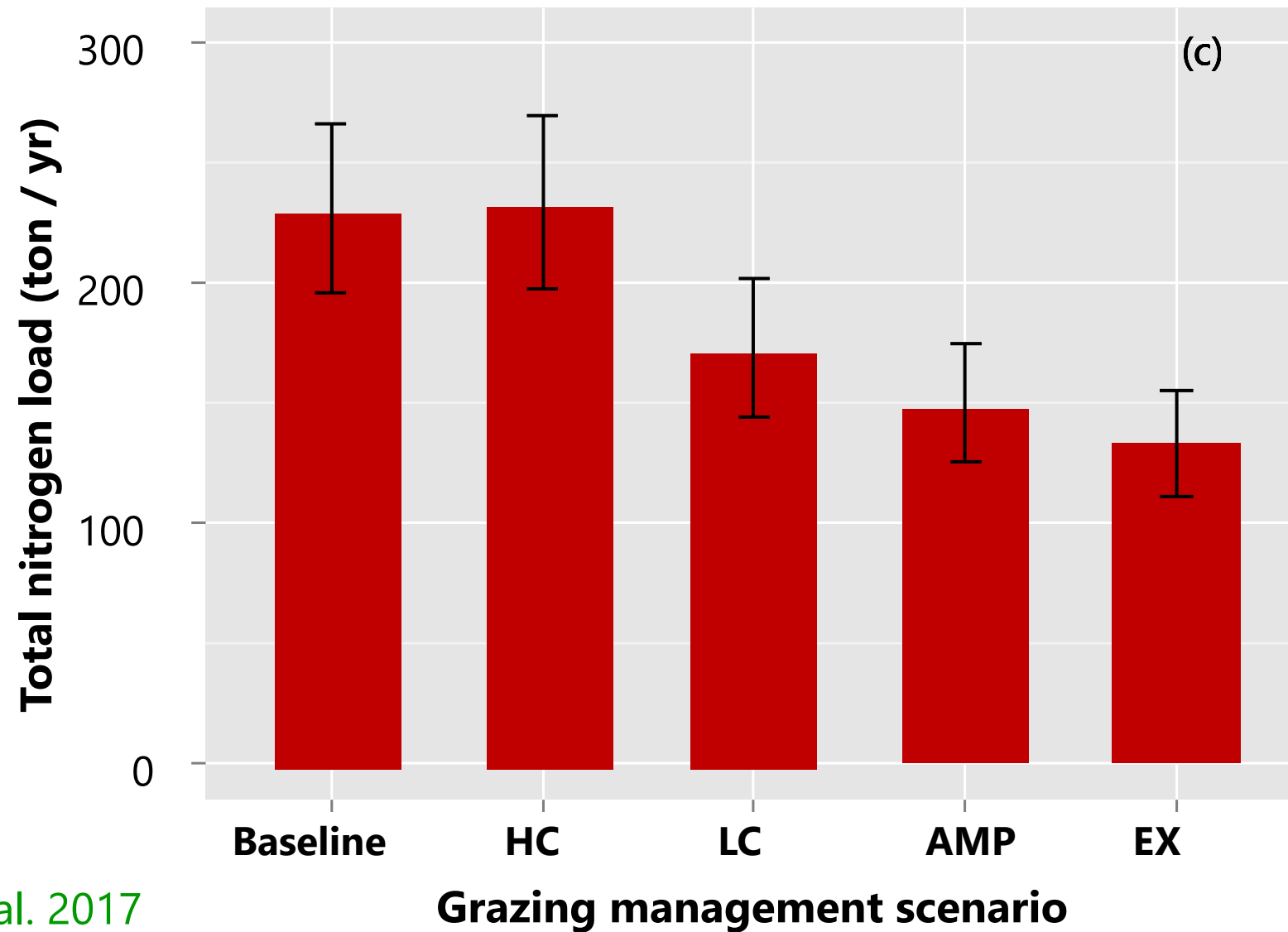
Clear Creek – Nitrogen load



Park et al. 2017

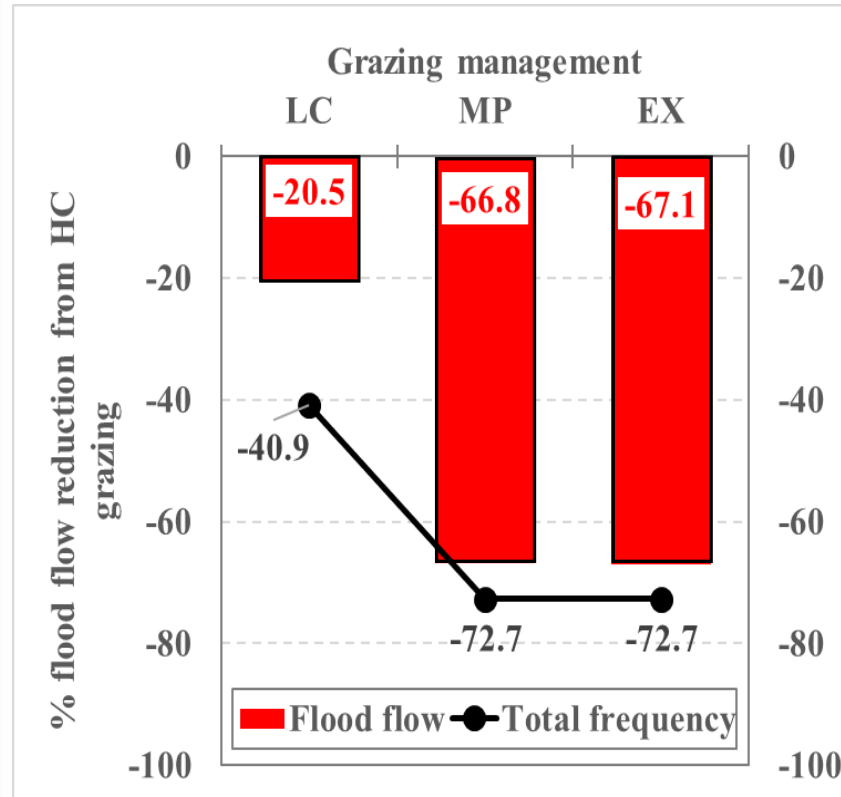


Clear Creek - Phosphorus load

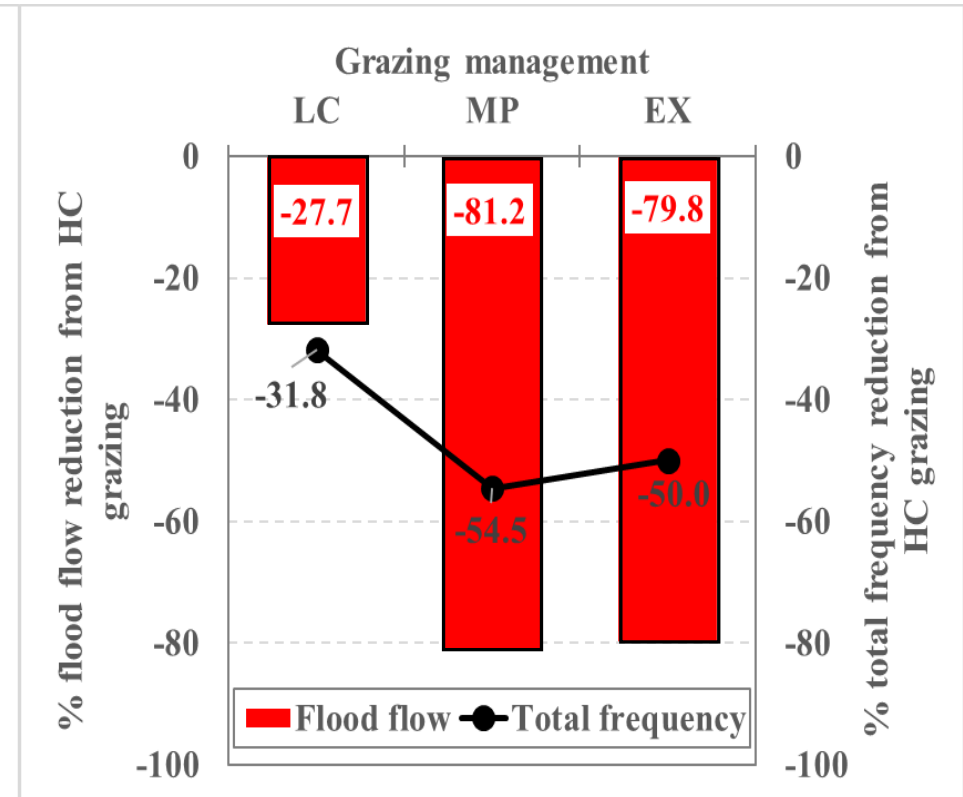


Park et al. 2017

Effect of Grazing Management on Flood Flow and Flood Frequency

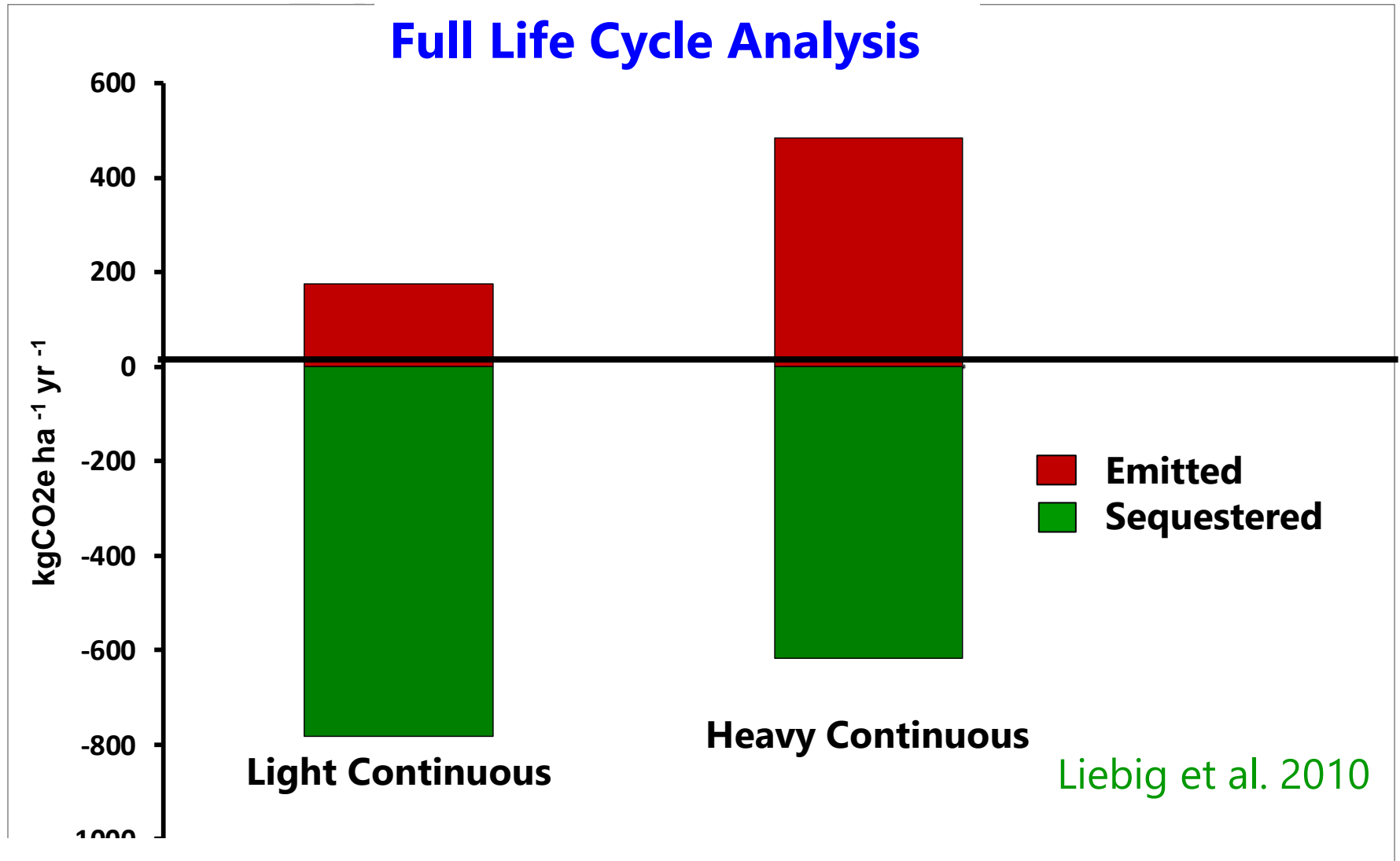


Red River Watershed, Texas



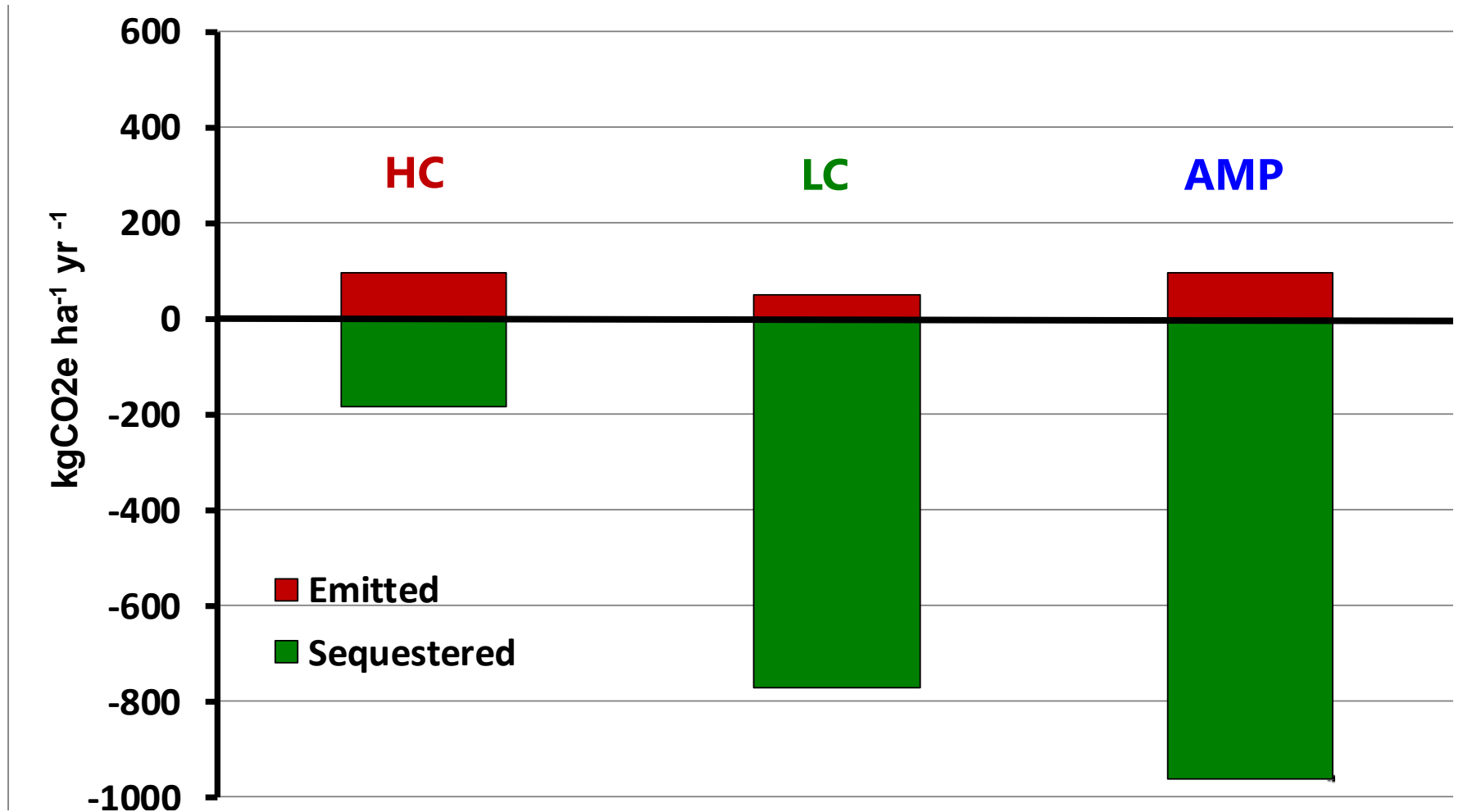
Apple Watershed, North

Carbon Sinks and Emissions: Northern Plains rangeland grazing only Cattle Operations



Life Cycle Analysis of Change in Management

Net C Emissions on rangeland grazing-only Cow-calf Operations



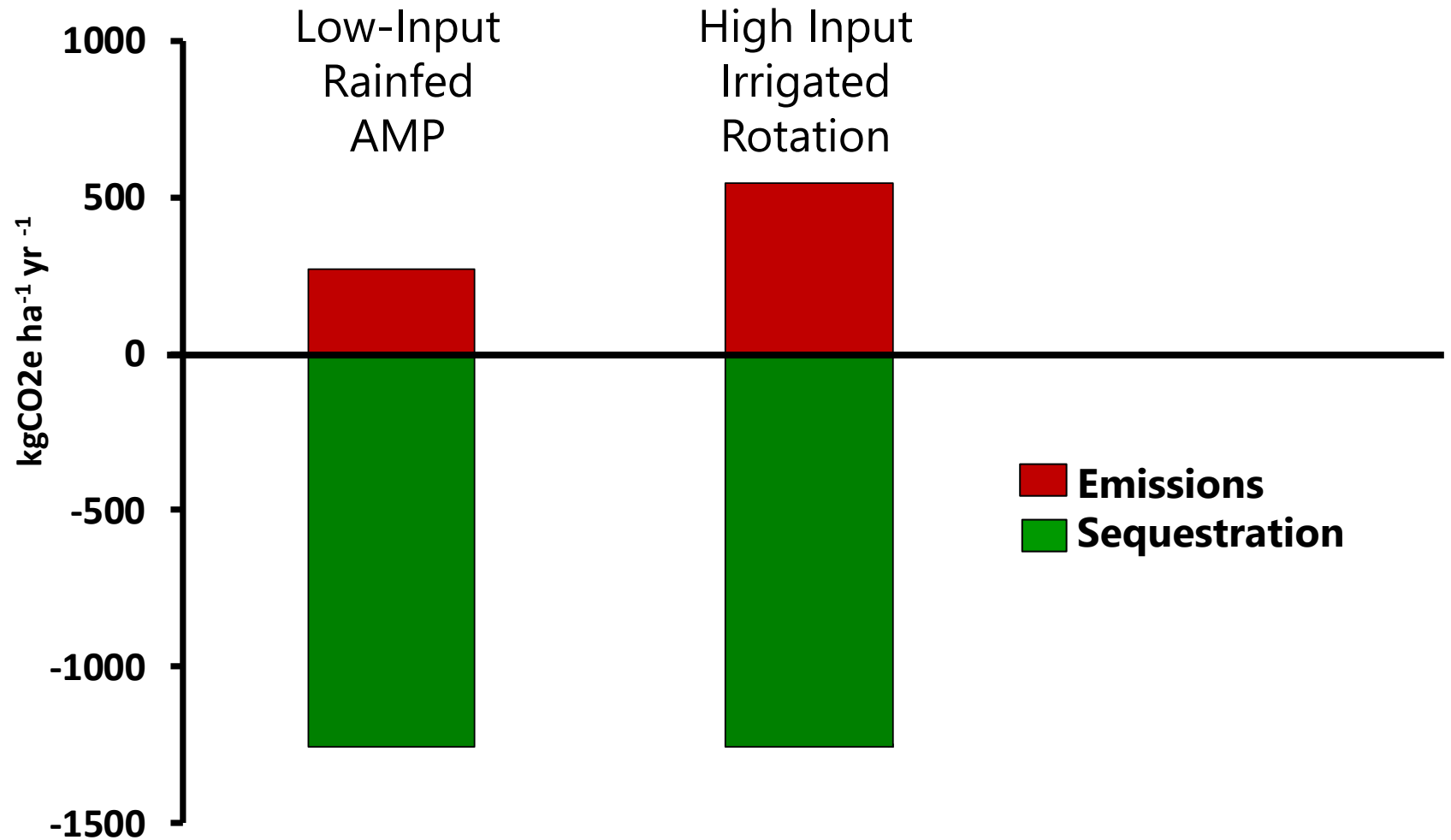
Wang et al. 2015





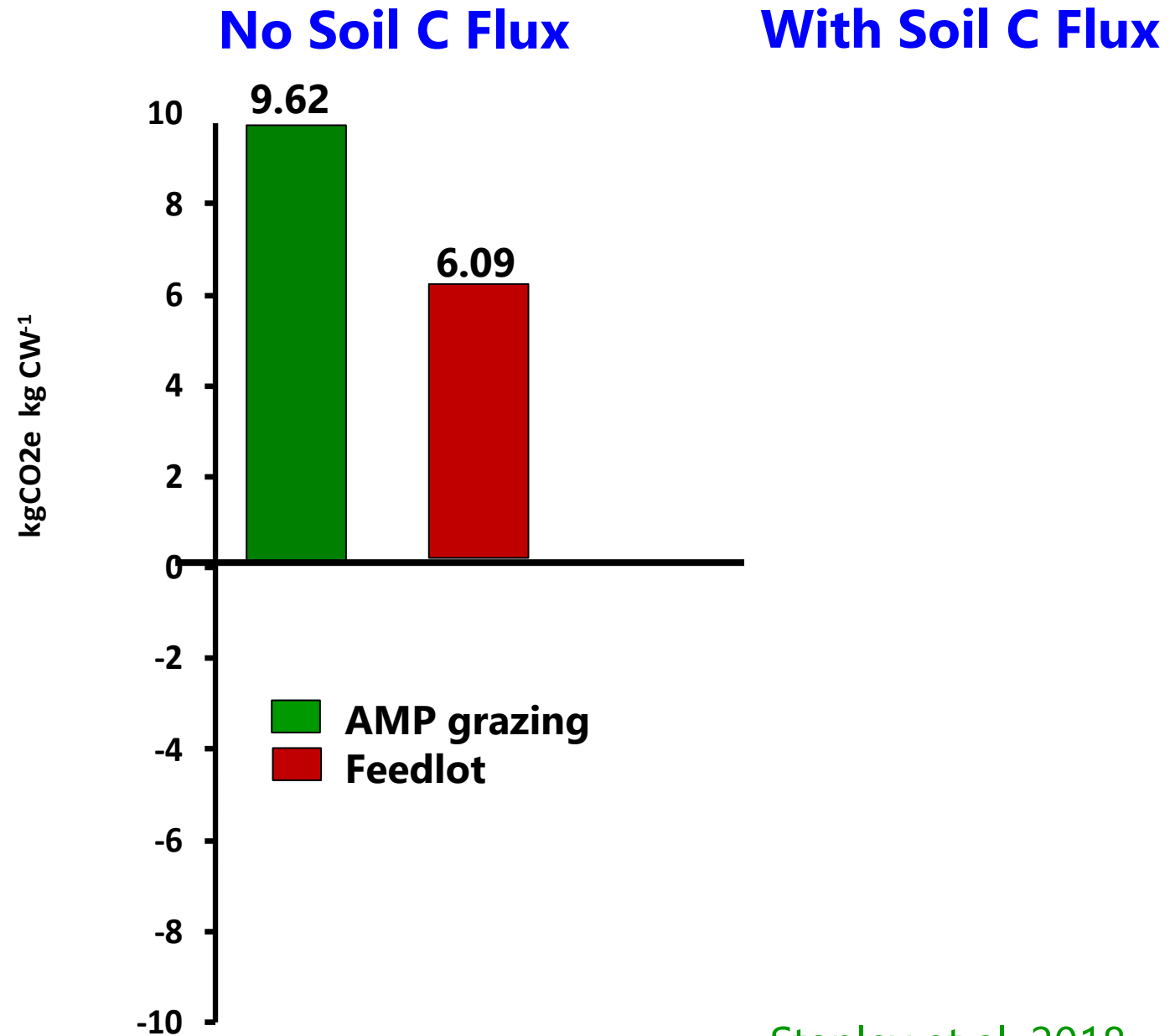
Emissions and Carbon Sinks:

Michigan Grassfed Pasture – grazing only Cow-calf Operations

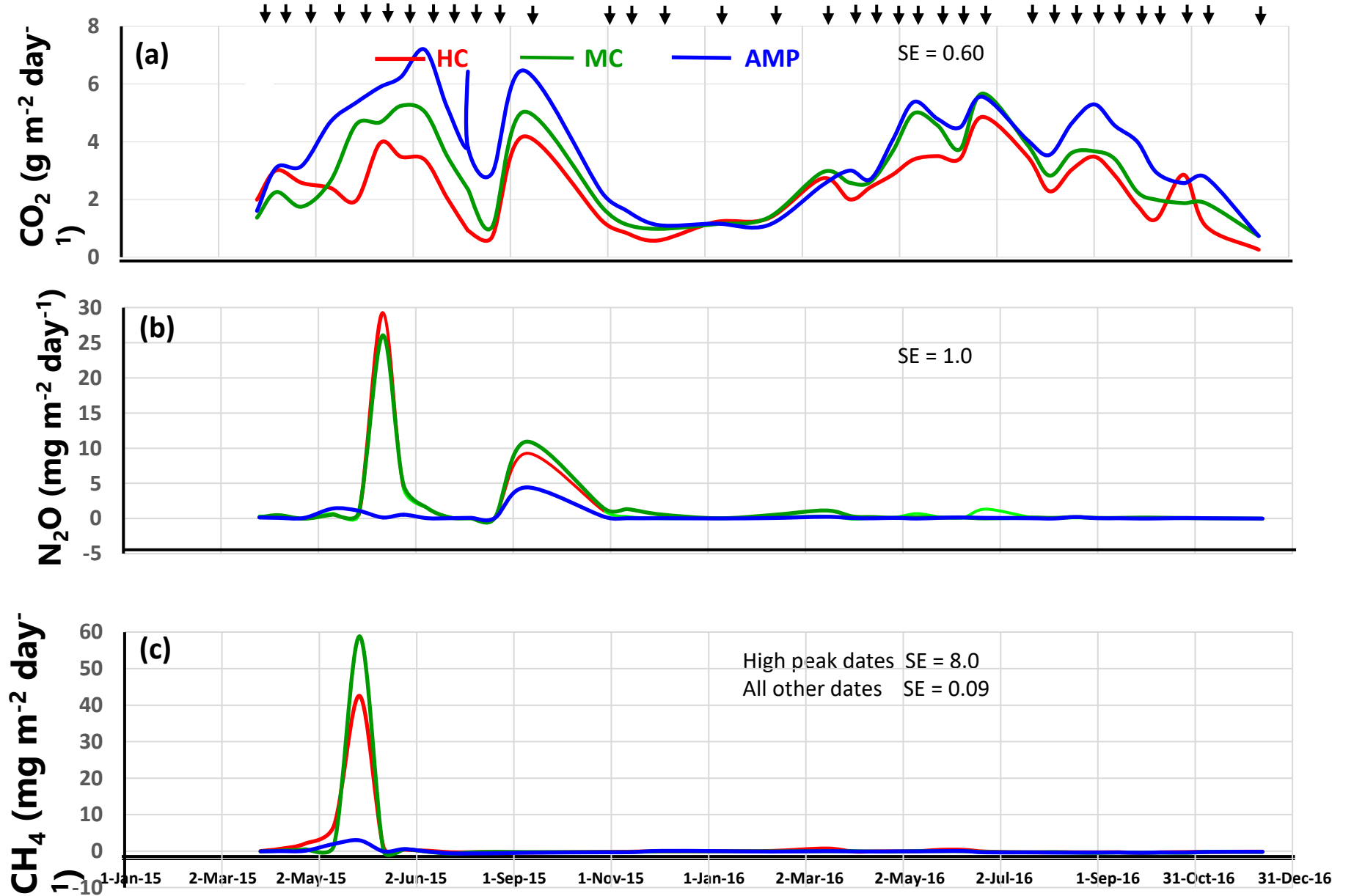


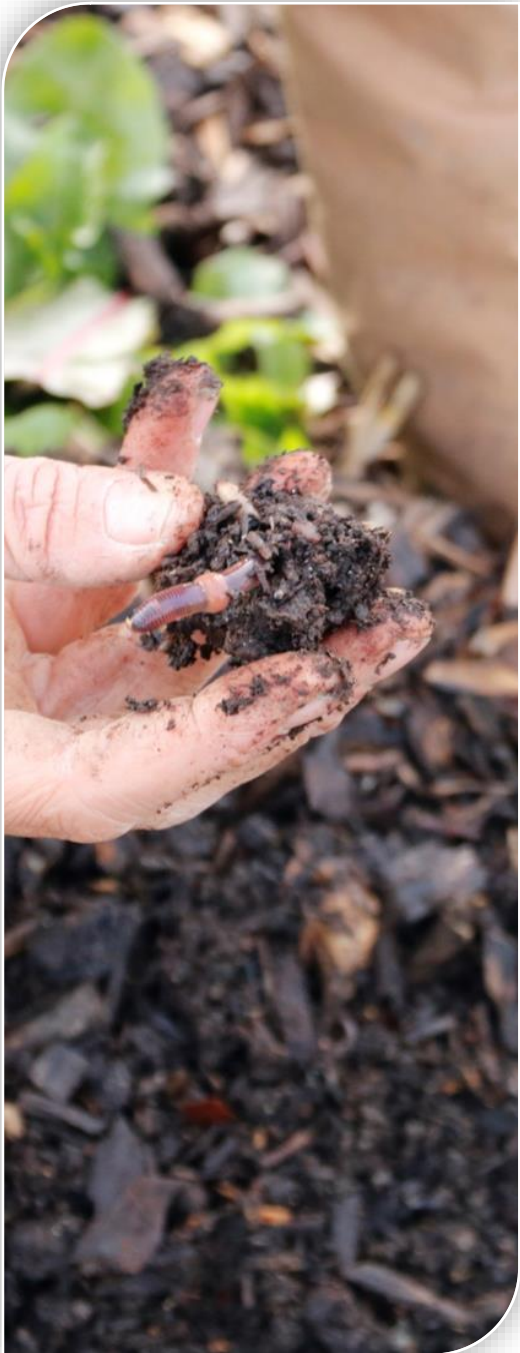
Rowntree et al. 2015

Net emissions: Feedlot vs. AMP finishing:



GHG Soil Surface Emissions





Managing to improve soil health and ecosystem services

To improve Soil Health

Improve soil microbe function by:

- Keep the **4** ecosystem processes functioning
- Improving plant cover
- Use multi-species forage crops
- Perennial plants rather than annuals
- Manage for most productive plants
- Leave adequate plant residue
- Minimizing bare ground
- Manage for **green leaves** as many days as possible
- **Avoid tillage, inorganic fertilizers & biocides**

USDA-NRCS; Soil Health Institute



What we have learnt from ranchers.....1

- It takes a minimum of 10 paddocks just to stop overgrazing
- Ranchers with 8 or fewer paddocks are not rotationally grazing, but **rotationally overgrazing**
- To support decent animal performance takes 14-16 paddocks
- The most rapid range improvement takes 30 or more paddocks
- The biggest decrease in workload and greatest improvement has been with > 50 paddocks
- Long recovery periods are critical

Walt Davis, Dave Pratt, Ranch Management Consultants



What we have learnt from ranchers.....2

- The fastest, cheapest way to create more paddocks is combining herds
- 1 herd reduces workload a lot; checking 4 herds of 200 animals takes much longer than 1 herd of 800
- Productivity per acre is improved without decreasing individual animal performance
- Carrying capacity and total productivity are greatly increased at low cost
- Do not move to the adjacent paddock but to the paddock that has recovered the most
- Can't afford to NOT to use short graze with long rests

Walt Davis, Dave Pratt, Ranch Management Consultants



Research for Adequate Understanding

- Must account for the increasing heterogeneity of livestock impact with increasing scale.
- Changes in biology and soil carbon take place more slowly as growing conditions decrease.
- Adequate time must be allowed for treatments being tested. (Ranges from 5 - 30 years)
- Management must be conducted to adaptively achieve best possible results.
- Only studies at the commercial ranch scale and on appropriately managed ranches can include and facilitate:
 - inclusion of the impacts of scale,
 - time taken for changes to be measurable,
 - inclusion of top quality, adaptive management, and
 - inclusion of management options to achieve desired outcomes.





Facilitating transition to regenerative grazing

Aids to transitioning

- Attend classes from qualified educators
- Visit and learn from successful regenerative ranchers in similar and drier country than yours
- Be part of an active regenerative ranching network
- Start small – to get experience, confidence and good basic skills
- Get skilled and confident in anticipating and making adjustments towards your goals
- Persevere
- Keep learning and enjoy yourself





Conclusions

Regenerative grazing management shows:

- Build soil Carbon levels and soil microbial function
- Enhance water infiltration and retention
- Build soil fertility
- Control erosion more effectively
- Enhance watershed hydrological function
- Improve livestock production and economic returns while improving the resource base
- Enhance wildlife and biodiversity
- Enhance food nutrient density and human health
- Increase soils as NET greenhouse gas sink

Park et al. 2017; Jakoby et al. 2014; Teague et al. 2015; Ritchie 2020; Fenster et al. 2021; Montgomery & Biklé 2022; Montgomery et al. 2021



Regenerative Grazing Research Shows:

- Ecological function and profitability increase with increasing number of paddocks
- Short periods of grazing with adequate recovery gave the greatest profit and ecological function
- Adjusting grazing management with changing conditions increases ecological function and profitability
- Stocking rates can be increased without damaging ecological function as number of paddocks is increased
- Fixed management protocols reduced benefits.

Martin et al. 2014; Jakoby et al. 2014; 2015; Teague et al. 2015.



AMP Field & Modelling Research Shows:

- Adaptive stocking is less sensitive to overstocking than constant stocking
- The advantages of AMP over continuous grazing are:
 - less at low levels of stocking, but
 - are increasingly important as stock numbers increase, improving net economic returns
- Short periods of grazing with long periods of recovery using a greater number of paddocks per herd allows higher stocking rates, giving:
 - higher net returns, lower income variability,
 - regeneration of ecological function, and
 - resource restoration over a range of management scenarios

Martin et al. 2014; Jakoby et al. 2014; 2015; Teague et al. 2015; Wang et al., 2018; Teague and Barnes 2018





carbon nation



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AgBioResearch



Thank you

Working with leading farmers

- Addresses questions at more meaningful scales
- Integrates component science into whole-system interactions and responses
- Identifies emergent and self-organizing ecological properties
- Includes the human element essential for achieving economic and environmental goals
- Incorporates adaptive management to achieve goals
- Facilitates identifying unintended consequences

Van der Ploeg et al 2006; Teague et al. 2016; Massy 2018





To optimize microbe benefits:

1. Maintain year-round living cover of the soil, via perennial pastures on grazed land and/or multi-species cover crops
2. Provide support for the microbial bridge to enhance carbon flow from plants to soil
3. Reduce use of pesticides and high analysis fertilizers that inhibit the complex biochemical signalling between plant roots and microbes
4. Promote plant and microbial diversity to promote checks and balances for pests and diseases
5. Use short periods of grazing with adequate recovery on perennial pastures is best way to improve soils
 - Stimulates growth and provides extra nitrogen
 - Quickly adds carbon and improves infiltration

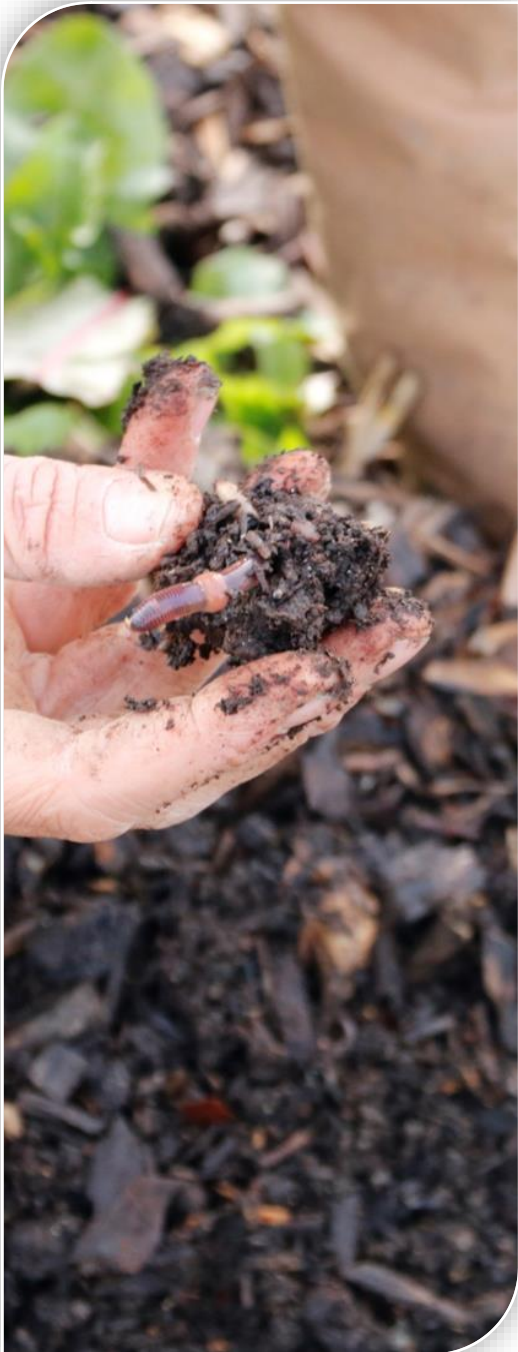
Summary

AMP vs. Continuous Grazing Research Shows:

- Adaptive stocking is less sensitive to heavy stocking than fixed stocking
- As number of paddocks is increased, stocking rates can be increased while improving ecological function
- AMP advantages over continuous grazing are more important as *paddock* and *stock* numbers increase
- Short grazing periods + long recovery with > 30 paddocks allows higher stocking rates, giving :
 - Maximum regeneration of ecological function
 - Higher net returns with lower income variability
- Profits are proportional to soil carbon and soil health

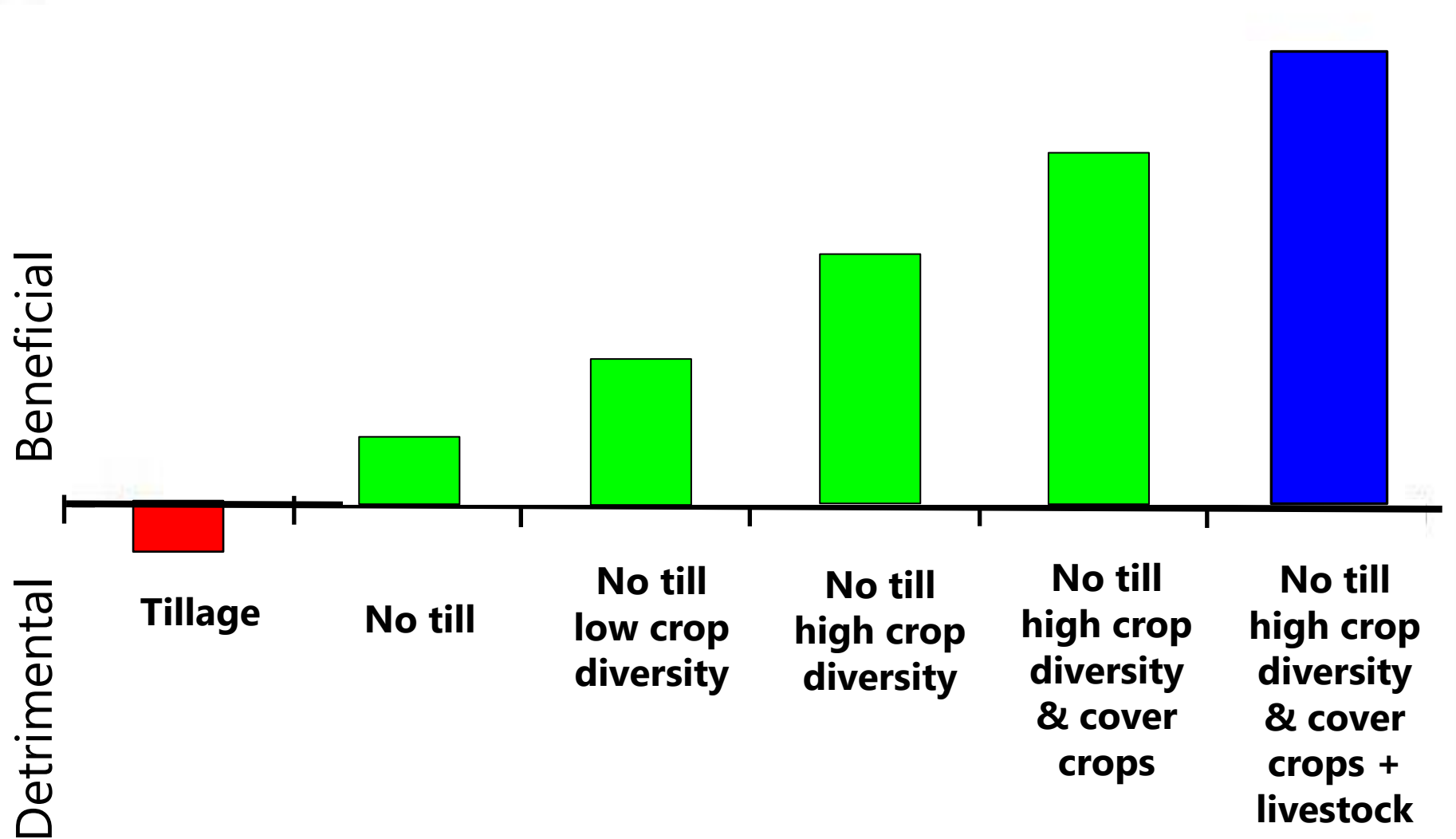
Martin et al. 2014; Jakoby et al. 2014; 2015; Teague et al. 2015; Wang et al., 2018; Teague and Kreuter 2020; Pecenka and Lundgren 2019; Ritchie 2020





Cropland Soil Health

How different management practices influence soil health



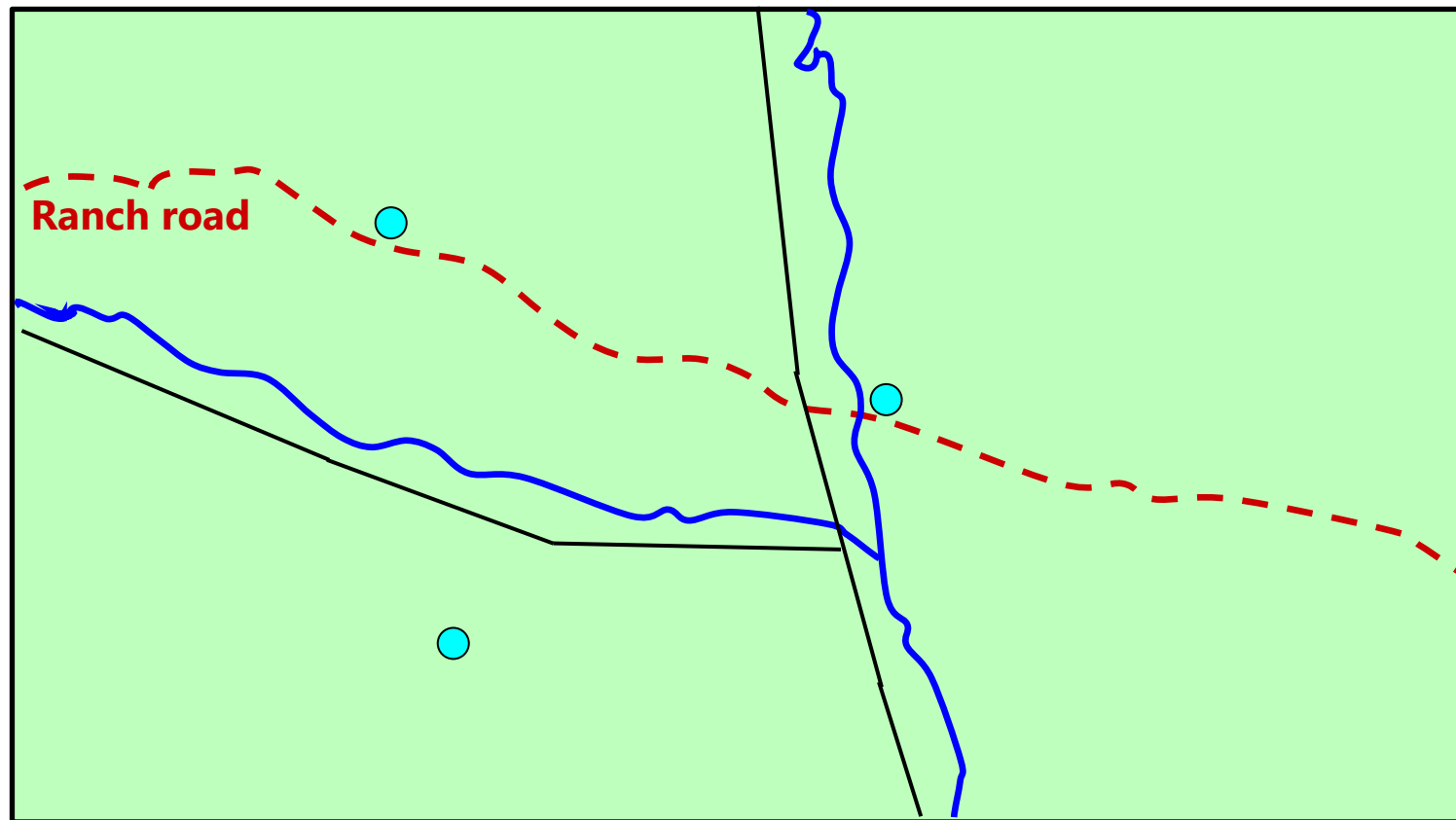
Jay Fuhrer, NRCS, North Dakota

Positives with grass-based ruminants

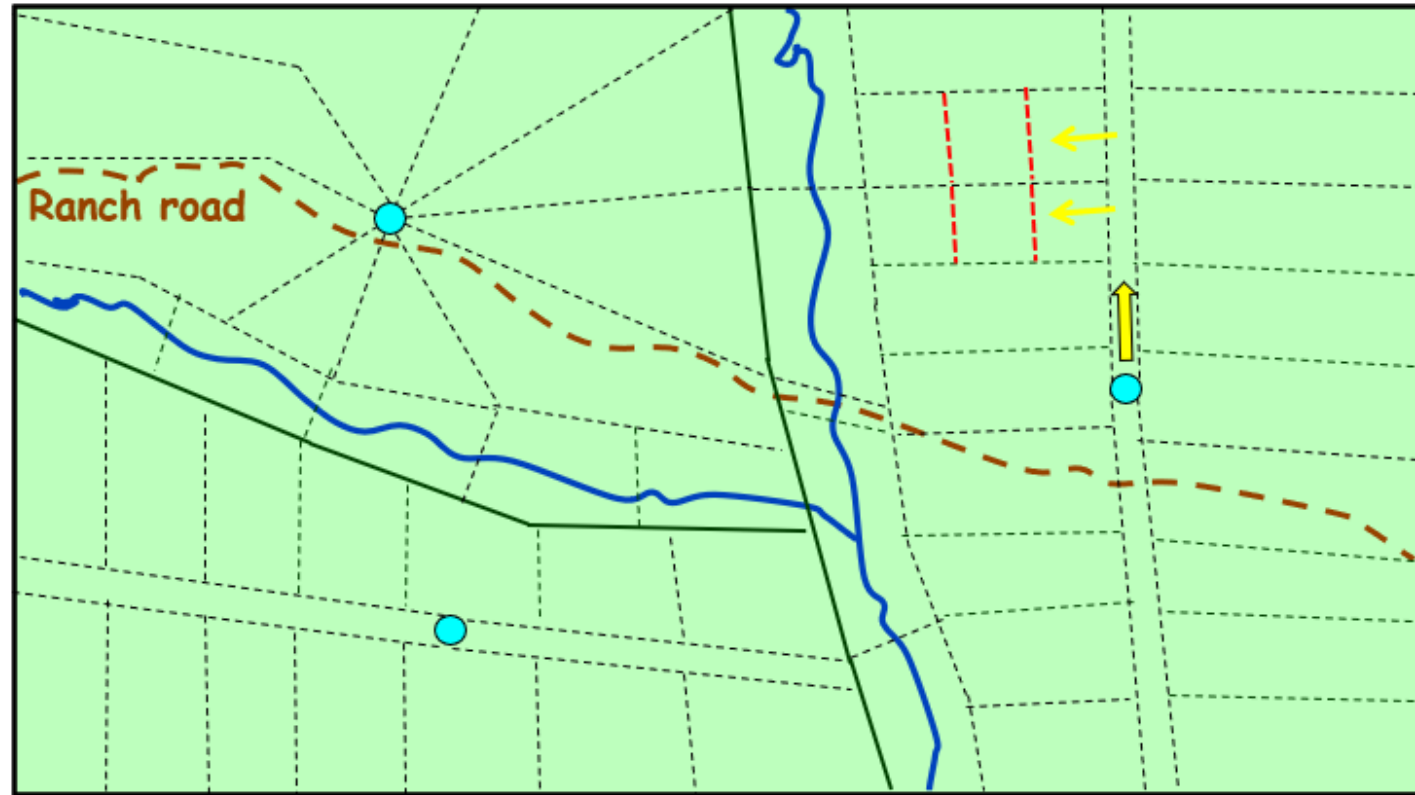
- Rangelands are the greatest proportion of land globally
- Rangelands can only be used to produce human food via grazing animals
- Grazing converts plants inedible by humans into high quality food
- Food products from grazing animals has higher quality protein than from plants
- Food from grazing ruminants uses less concentrates than other livestock based human food
- Animal protein is superior to plant food for humans
- Food from appropriately managed grazing has strongly negative Carbon footprint
- Protein-food from grass has best omega 3 to 6 ratio



Continuous Grazing



Application of AMP Grazing



— Existing fence
- - - Electric fence

● Water point

Norton et al. 2013; Jakoby et al. 2014; Teague et al. 2015



Questions?